

CURRICULUM VITAE

GREGORY E. SKIPPER, M.D.

Fellow, American Board of Addiction Medicine
Diplomat, American Board of Internal Medicine
Medical Director, Promises Treatment Centers, Malibu, CA

Office Address:

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Year and Place of Birth:

1949 (Auburn, Alabama, USA)

Marital Status:

Married on April 6, 1974 to Ann Skipper, MD (Psychiatrist)

Current Positions:

- **Medical Director**, Promises Treatment Centers, Malibu, CA (9-1-2011 – Present)
- **Director of Professional Health Services**, Professionals Treatment at Promises, (9-1-2011 – Present)
- **Medical Director**, Professional Boundaries, Inc. (www.professionalboundaries.com) 5/2000 - present
- **Special Government Employee**, Food and Drug Administration, Center for Drug Evaluation and Research

Education and Training

- **B.S.**, University of Alabama, Tuscaloosa, AL, 1967-1971, Magna Cum Laude
- **M.D.**, University of Alabama School of Medicine, Birmingham, AL, 1971-1974, AOA Honorary Society
- **Residency**, Physical Medicine and Rehabilitation, Spain Rehabilitation Center, Birmingham, AL 1974-1975
- **Internship and Residency**, Internal Medicine, University of California San Diego, CA, 1975-1978

Licensure and Certification

Licensed to Practice Medicine:

- Alabama - #22705 (Issued 5/26/1999)

- Oregon - #MD12011 (Issued 10/13/1979)
- California – # G88361 (Reissued 10/1/2008)

Diplomat:

- National Board of Medical Examiners, Parts I, II, III, Completed 1971, Composite Score 97th percentile

Certifications:

- Diplomat of the American Board of Internal Medicine - 1978
- American Society of Addiction Medicine – since 1990
- Fellow of the American Society of Addiction Medicine (FASAM) – 1997
- Fellow, American Board of Addiction Medicine - 2009
- American Academy of Medical Review Officers, AAMRO – 2000, Recertified 2003, and 2008

Employment and/or Primary Practice Activities

- **Medical Director**, Promises Treatment Centers, Malibu, CA (9-1-2011 – Present)
- **Director of Professional Health Services**, Professional Treatment at Promises, West LA, CA (9-1-2011 – Present)
- **Medical Director, Professional Boundaries, Inc.** (www.professionalboundaries.com) 5/2000 - Present
- Medical Director, Alabama Physician Health Program– 10/1999 – 8/2011
- Medical Director, Alabama Veterinary Professionals Wellness Program – 3/2001 – 8/2011
- Assistant Professor, Department of Medicine, University of Alabama School of Medicine, Montgomery – 1/2003 – 8/2011
- Medical Director and Chief of Staff, Springbrook Northwest, 4/95-10/99
- Assistant Professor, Departments of Medicine and Psychiatry, Director of the Addiction Medicine Fellowship Program, Oregon Health Science University, School of Medicine - 8/95 – 10/99
- Addiction Medicine Consultant, Ridgecrest Associates, Multidisciplinary Assessments of Health Professionals, 1993 - 1996
- Consultant in Addiction Medicine, Springbrook Northwest, Newberg, OR, 1989 - 1995
- Group Practice Internal Medicine and Cardiology, Newberg, Oregon, 1980 - 1995
- Medical Director, Chicano Community Clinic, San Diego, CA, 1978 – 1980

Awards

- **Distinguished Alumnus of the Year**, University of Alabama School of Medicine, Annual Alumni Meeting, 2/28/09

Appointments

- Alcohol and Crime Workgroup. PEW Charitable Trusts. Washington, DC – 7/2010
- NIH Grant Review Committee, Alcohol Marker Grant Application Tertiary Reviews - 2009 - present

- Special Government Employee - Food and Drug Administration, Center for Drug Evaluation and Research, – 2003 – present
- Substance Abuse and Mental Health Services Administration, National Advisory Council, Center for Substance Abuse Treatment – 2002 - 2008
- Assistant Professor, Department of Medicine, University of Alabama School of Medicine, Attending Faculty for Internal Medicine Training Program, 1/2003 - present
- Fellow, American Society of Addiction Medicine, (FASAM) 5/1997
- Director of the Addiction Medicine Fellowship Program, Oregon Health Science University, Department of Psychiatry - 1998 - 1999
- Clinical Assistant Professor, Department of Medicine, Oregon Health Science University, School of Medicine - 1985 - 1999
- Clinical Assistant Professor, Department of Psychiatry, Oregon Health Science University, School of Medicine - 1998 - 1999
- Founding Member, Oregon Health Professionals Program, Diversion Council. Appointed by the Oregon Board of Medical Examiners. Duties included oversight, policy development, hiring Medical Director and Executive Secretary of newly formed program, assisting the Medical Director in performing interventions and assessments, standards development and definitions of relapse and relapse management, etc, 1988-1990
- Attending Physician, Providence Newberg Hospital, 1980 - 1999
- President, Medical Staff, Providence Newberg Hospital – 1984-1985

Committees, Councils, and Task Force Appointments

- California Society of Addiction Medicine Clinical Advisory Committee Task for on Physician Health (advisory to the California Patient Protection Physician Health board). Feb 2011 - current
- SAMHSA Committee to Reassess the Alcohol Marker Advisory. Washington DC January 17, 2011
- Department of Public Health, Montgomery, AL – 1/2009 - present
- Inflexxion, Risk Management Task Force for Addictive Pain Meds, Needham, MA, 10/2/2007
- Research Committee, Federation of State Physician Health Programs, 6/2006 – present
- Drug Testing Committee, Federation of State Physician Health Programs, 5/2005 – present
- Methamphetamine Abuse Task Force – 4/2005 – 2008 (Montgomery, AL – appointed by the Attorney General's Office)
- Model Interstate Compact Working Group for the National Alliance for Model State Drug Laws, supported by the Bureau of Justice Assistance, Office of Justice Programs, U.S. Department of Justice, and the Drug Enforcement Administration, Washington, DC, July 15, 2004 - 2008
- Congressional FDA Expert Panel, Indications for Oxycontin and Other Opioids for Chronic Pain – Should indications be more restricted? Washington DC, September 9-10, 2003
- Board of Directors, Mitigation Services of Alabama, Montgomery, AL 2002-present (An organization devoted to defense assistance in capital murder cases.)
- Methadone-Associated Mortality, A National Assessment Workshop, Representing the Center for Substance Abuse Treatment, Washington DC, May 8-9, 2003

- National Advisory Council for the Substance Abuse and Mental Health Services Administration and Center for Substance Abuse Treatment, member 2002-2008
- Impaired Drivers Trust Fund Advisory Board, Dept of Rehab Services, State of Alabama, 2003-2008
- Board of Directors, Council on Substance Abuse and National Council on Alcoholism and Drug Dependence, Montgomery, AL, 2001 - Present
- Alabama Controlled Substances Advisory Committee, Department of Public Health, 2001 - current
- Governor's Summit on Alcohol and Drug Issues, Drug Free Workplace Task Force, 2001
- Board of Directors, Federation of State Physician Health Programs (FSPHP), 2000 - 2004
- Governor's Alcohol Abuse Task Force, State of Alabama, 1999 - 2001
- Physician Health Committee, American Society of Addiction Medicine, 1995 - 2000
- ASAM Managed Care Committee Member and Member of ASAM Internal Medicine advisory committee 1992 - 2000
- Medical Student Curriculum Committee, to develop curriculum guidelines in teaching Addiction Medicine for medical students at Oregon Health Science University 1991 – 1993
- Oregon Board of Medical Examiners, Diversion Council, 1989 - 1991
- Oregon Medical Association Physicians Assistance Committee. 1982-1989

Memberships

- American Society of Addiction Medicine (ASAM) formerly the American Medical Society on Alcohol and Other Drug Dependencies (AMSAODD), 1984 – Present
- Alabama Society of Addiction Medicine, State Chapter of ASAM, 1999-present
- Founding Member, Oregon Society of Addiction Medicine, State Chapter of ASAM, 1988 - 2000
- American College of Physicians
- AOA Honorary Medical Society
- Medical Association of the State of Alabama
- American Medical Association
- Montgomery County Medical Society

Special Appearances and Activities

- KMOV, St Louis, Ethylglucuronide – A New Marker for Recent Drinking, 9/18/2007
- The Kevin Elkin Show, Radio 1440, Montgomery, AL – All About Addiction, 9/19/2007
- WSFA – TV: Montgomery, AL – Special on Addictions, 9/12/2007
- Wall Street Journal – Weekend Edition, Featured on the Front Page, A Test for Alcohol and It's Flaws, August 12, 2008
- Co-Principle Investigator, National Physician Health Program Study- Blueprint for Lasting Recovery, sponsored by a Robert Wood Johnson Foundation Grant, Treatment Research Institute, Philadelphia, PA, 2005-2007
- Principle Investigator, Ethyl Glucuronide Testing – Monitoring Alcohol Abuse. Sponsored by a Grant from The Caduceus Foundation, 2005-2007

- Co-Principle Investigator, National Fentanyl Abuse Surveillance Study, Prescription Drug Research Corporation, Rockville, MD, 2005
- Ethylglucuronide.com, developed and maintains website for general information, reporting, information, etc, and moderator of ethylglucuronide egroup
- Founder and Moderator, State Physician Health Programs egroup (An international group of over 160 professionals who oversee the Health and Wellness Programs in several countries)
- Ultram Abuse and Dependence among Health Professionals, a video tape production, 2001
- NBC News Affiliate, “MDMA and Club Drugs”, 1/24/2001
- Guest, Jim Lehrer News Hour, PBS, Interview: Allocation Policy by UNOS in Liver Transplantation and Its Relation to Addiction - 12/1996
- AM Northwest guest regarding Recovery Talk Radio and Recovery, 9/1994
- AM Northwest TV program special guest representing the Oregon Board of Medical Examiners regarding Impaired Physicians, 11/1989
- Participant in Today Show, NBC, Sober Vacations, Snake River, ID 7/1990
- Recovery Talk, Radio Talk Show Founder and Host, KPHP Radio. A nationally syndicated talk show, 6/1994 - 10/1995

Recent Publications and Papers

2010

- Wurst FM, Thon N, Yegles M, Halter C, Weinmann W, Laskowska B, Strasser J, Skipper G, Wiesbeck GA, Dursteler-Macfarland K. Optimizing heroin-assisted treatment (HAT): Assessment of the contribution of direct ethanol metabolites in identifying hazardous and harmful alcohol use. *Drug Alcohol Depend.* 2010 Dec 7. (Epub ahead of print)
- Skipper GE, DuPont RL. The Physician Health Program: A Replicable Model of Sustained Recovery Management. (Chapter 17 pgs 281-299) In: J.F. Kelly and W.L. White (eds.), *Addiction Recovery Management: Theory, Research and Practice*, Current Clinical Psychiatry, DOI 10.1007/978-1-60327-960-4_15, Springer Science+Business Media, LLC 2011
- Skipper GE, DuPont RL. US Physician Health Programs: A Model of Successful Treatment of Addictions. *Counselor: The Magazine for Addiction Professionals.* Dec 2010. Vol 11(6) 22-30.
- Skipper GE. Medical Malpractice: Anatomy of a Lawsuit and Malpractice Stress Syndrome. *Newsletter of the Missouri Physician Health Program.* March 2010. Pgs 2-8

Pending Publication

- Skipper GE, Liepman M, Wurst FM, Weinmann W. Breathing Vapor of Ethanol-Based Hand Sanitizing Gel Vapor Causes Positive Alcohol Marker, Ethylglucuronide (EtG), and Positive Breathalyzer. (Accepted for publication by *Journal of Addiction Medicine* 11/25/2008)

- Skipper GE, DuPont RL, McLellan AT, Petry NM. Long-term Contingency Management of Substance Abusing Doctors in the USA. Submitted to *Addiction Journal*. April 2008
- Skipper GE, Schenthal S. Professional Sexual Misconduct – A Primer. (Pending publication by Dalton Books)

2009

- Skipper GE. Confrontation approach has no role in addressing physician addiction. *May Clin Proc.* 2009 Nov;84(11):1042-3.
- Skipper GE. In Response to letter to the Editor. *Anesthesia and Analgesia*. Volume X. Number X. 2010, pg 1
- Skipper GE. The value of physician health programs. *Alabama Board of Medical Examiners Newsletter and Report*. October – December 2009, Volume 24, Number 4, pgs 1-4
- Skipper GE, Campbell MD, DuPont RL. Anesthesiologists with Substance Use Disorders: A 5-Year Outcome Study from 16 State Physician Health Programs. *Anesth & Analg* 109(3), Sept 2009, 891-896.
- Skipper GE, DuPont RL. Anesthesiologists Returning to Work after Substance Abuse Treatment. *Anesthesiology*, V110, No 6, June 2009 1426-28.
- DuPont RL, McLellan AT, Carr G, Gendel M, Skipper GE. How are addicted physicians treated? A national survey of physician health programs. *JSAT* 37 (2009) 1-7.
- Skipper GE, DuPont RL. What About Physician Health Programs. *The New Republic*. January 18, 2009 (<http://www.tnr.com/politics/story.html?id=2b230eae-edbb-4b38-951f-75529f5cb2c5>)

2008

- Skipper GE, Schenthal SJ. Professional Sexual Misconduct: A new paradigm of understanding. *Alabama Board of Medical Examiners Newsletter and Report*, 23(3), July-Sept 2008, 1-6.
- Physicians and Medical Workers, Substance Abuse Among. *Encyclopedia of Drugs, Alcohol & Addictive Behavior*, 3rd ed., *Macmillan Reference USA*, 2008, Vol 3, pages 242-251
- McLellan AT, Skipper GE, Campbell M, DuPont RL. Five year outcomes in a cohort study of physicians treated for substance use disorders in the United States. *BMJ*. 2008 Nov 4;a2038, doi:10.1136.a2038.
- White, W.L., DuPont, R.L., Skipper, G.E. (2008). Physician health programs: What counselors can learn from these remarkable programs. *Counselor Magazine*, June 27, 2007, 44-51

- Skipper GE, DuPont RL, White WL. Testing for Recent Alcohol Use. Perspectives – the Journal of the American Probation and Parole Association. 2008(32)3, 38-45
- DuPont RL, Skipper GE, White WL. Testing for Recent Alcohol Use. Student Assistance Journal. Spring 2008 12-18
- DuPont RL, Skipper GE, White WL. Testing for Alcohol Use. Counselor Magazine. April 2008(9) 44-51.
- DuPont, R.L., Skipper, G.E. & White, W. L. (2007). Testing for recent alcohol use. Employee Assistance Digest, Winter2007,28(1), 15-21

2006

- Skipper GE, Schenthal S. Professional Sexual Misconduct – A Primer. Published on the Web, www. Professionalboundaries.com

2005

- Skipper GE, Brase DA. Tramadol Abuse and Dependence among Physicians. JAMA. 2005; 293:1977-1978

2004

- Skipper GE, Fletcher C, Rocha-Judd R, Brase D. Tramadol Abuse and Dependence among Physicians. JAMA. 2004;292:1818-1819
- Skipper GE, Weinmann W, Wurst FM. Ethylglucuronide (EtG): A New Marker to Detect Alcohol Use in Recovering Physicians. Journal of Medical Licensure and Discipline, 2004,90(2), 14-17
- Skipper GE, Weinmann W, Theirauf A, Schaefer P, Wiesbeck G, Allen JP, Miller M, Wurst FM. Ethyl Glucuronide: A Biomarker to Identify Alcohol use by Health Professionals Recovering from Substance Use Disorders, Alcohol Alcohol. 2004 Sep-Oct;39(5):445-9. Epub 2004 Aug 2.
- Wurst FM, Alexson S, Skipper GE, Wiesbeck G, Wolfersdorf M, Marques P, Metzger J, Gilg T, Weinmann W (2004) Fatty acid ethyl esters, ethyl glucuronide and methanol in the serum of alcoholics during detoxification. Alcohol Clin Exp Res 28:157A
- Wurst FM, Alexson S, Skipper GE, Wiesbeck G, Wolfersdorf M, Marques P, Metzger J, Gilg T, Weinmann W (2004) Fatty acid ethyl esters, ethyl glucuronide and methanol in the serum of alcoholics during detoxification. Alcohol Clin Exp Res 28:157A

2003

Peer reviewed journals

- Skipper GE, Schaefer P, Thierauf A, Weinmann W, Allen JP, Miller M, Wiesbeck GA, Wurst F M (2004) Detection of Surreptitious Alcohol Use Among Health Professionals Recovering from

Substance-Related Disorders Using a New Marker, Ethyl Glucuronide. *Addiction* (submitted 12/03; #03/427)

- Wurst F M, Skipper GE, Weinmann W (2003) Ethyl glucuronide – the direct ethanol metabolite on the threshold from science to routine use. *Addiction* 98 (Suppl 2) 51-61
- Wurst F M., Vogel R., Jachau K., Varga A., Alling C., Skipper G.E., Alt A. (2003) Ethyl glucuronide detects recent alcohol use in forensic psychiatric inpatients. *Alcohol Clin Exp Res* 27: 471-476
- Journal highlight ACER 03/2003, Feature story: www.eurekalert.com. (American Association for the Advancement of Science) The alchemist: www.chemweb.com Frankfurter Allgemeine Zeitung 02.04.2003

Citable abstracts

- Wurst F M , Wiesbeck GA, Forster S, Bechtel G, Wolfersdorf M Huber P, Alexson S, Gilg T, Ladewig D, Jachau K, Varga A, Alling C, Skipper G, Pragst F, Auwärter A, Weinmann W (2003) Non oxidative direct ethanol metabolites in comparison to traditional markers: Further significance for the clinical usefulness of ethyl glucuronide (EtG), fatty acid ethyl esters (FAEEs) and phosphatidyl ethanol (PEth). The College on Problems of Drug Dependence (CPDD), 65th Annual scientific meeting, June 14-19, 2003, Bal Harbour, Florida (http://www.cpdd.vcu.edu/images/2003_abstracts.pdf, accessed, December 23, 2003)
- Wurst F M, Schäfer P, Thierauf A, Weinmann W, Dierkes J, Miller M, Skipper G (2003) Detection of surreptitious alcohol use among health professionals recovering from substance related disorders using a new marker, ethyl glucuronide *Alcohol* 38: 515
- Wurst FM, Wiesbeck G, Forster S, Bechtel G, Wolfersdorf M, Huber P, Alexson S, Gilg, T, Jachau K, Varga A, Alling C, Skipper G, Pragst F, Auwärter A, Weinmann W (2003) Further significance for the diagnostic and therapeutic usefulness of the non oxidative direct ethanol metabolites ethyl glucuronide (EtG), fatty acid ethyl esters (FAEE) and phosphatidyl ethanol (PEth) in comparison to traditional markers. *Pharmacopsychiatry* 36: 275

Other Publications

- Skipper, GE and Flowers WM, Jr.: Sex, Drugs, Power and The Practice of Medicine. Presented at the 49th Annual Meeting of the Southern Radiological Conference, Point Clear, Alabama, January 28-30, 2005.
- Wurst F M, Schäfer P, Thierauf A, Weinmann W, Dierkes J, Miller M, Skipper G (2003) Detection of surreptitious alcohol use among health professionals recovering from substance related disorders using a new marker, ethyl glucuronide. European Society for the Biomedical Research on Alcoholism (ESBRA), Prague, September 2003
- Wurst FM, Skipper GE, Weinmann W, Ethyl Glucuronide – the direct ethanol metabolite on the threshold from science to routine use, 2003 Society for the Study of Addiction to Alcohol and Other Drugs, pg 1-11, Oct 2003
- Wurst FM, Skipper GE. Ethyl Glucuronide Discloses Recent Covert Alcohol Use Not Detected by Standard Testing in Forensic Psychiatric Inpatients. *Alcoholism: Clinical and Experimental Research*. 27(3):471-476, March 2003.

Most Significant Publications Prior to 2003

- Skipper GE. *Distinguishing Addiction From Other Disorders is Easy*. *Alabama Board of Medical Examiners Newsletter*, Vol 17(4): 1, 2002
- Skipper G.E., Vogel R., Jachau K., Varga A., Alling Ch., Weinmann W., Dierkes J., Alt A., Wurst F. M. *Ethyl Glucuronide: A Useful New Marker of Recent Alcohol Consumption*. AMA/CMA Congress on Physician Health, Canada, October 2002
- Skipper GE. *Help for Families with Malpractice Stress*. *Alliance of the Medical Association of the State of Alabama News*. Page 1 & 9, Fall 2002
- Wurst F. M. on behalf of the WHO/ISBRA *Study on State and Trait Markers of Alcohol Use and Dependence* Investigators, J. Metzger D. Ladewig, F.Müller-Spahn, K. Jachau , A. Varga, C. Alling, G. E. Skipper, A. Alt, L. Pridzun, T. Gilg, S. Alexson, J. Dierkes, G. Bechtel, S. Forster , M. Wolfersdorf *Ethyl glucuronide: The promising marker of recent alcohol consumption on the step from science to routine use*. Invited lecture, 18th International Congress of Clinical Chemistry and Laboratory Medicine (chair: Per Simonsson, Schweden), Kyoto, October 2002
- Schaefer P., Thierauf A., Mueller C. A., Vogt S., Weinmann W., Skipper G.E., Miller M., Wurst F.M. (2002) *The sensitive Determination of Ethylglucuronide as a Marker for Alcohol Consumption by LC/Negative Ionspray-MS/MS*, Congress of the American Society for Mass Spectrometry (ASMS)
- Thierauf A., Schaefer P., Mueller C. A., Vogt S., Weinmann W., Skipper G.E., Miller M., Wurst F.M. (2002) *Ethylglucuronidbestimmung im Urin mittels LC/MS-MS für das Workplace Drug Testing 81*. Jahrestagung der Deutschen Gesellschaft für Rechtsmedizin, Rostock-Warnemünde
- Skipper GE. *Physicians Have Duty to Report Impaired Colleagues*. *Alabama MD*. Vol 38(5): 2, 2002
- Skipper GE. *Moving Toward Personal Wellbeing*. *Alabama Board of Medical Examiners Newsletter*, Vol 17(2): 1, 2002
- Skipper GE. *What is the Veterinary Wellness Program in Alabama?* *Alabama State Board of Veterinary Medical Examiners*. Issue I, pg 3, 2002
- Skipper GE. *Professional Health Program Resource Network – A New Database for Finding and Evaluating Treatment Resources*. *Physician Health News*. Vol 5(4), 2002
- Skipper GE. *A Duty to Report*. *Alabama Board of Medical Examiners Newsletter*, Vol 17(1): 1&4, 2002
- Kirkland K, Skipper GE. *Anger Management for Alabama Physicians*. *Journal of Medical Licensure and Discipline*. Vol 88(1): 19-24, 2002
- Skipper GE. *Obtaining Good Care for Physicians and Their Families*. *Alliance of the Medical Association of the State of Alabama News*. Page 4, Spring 2002
- Wurst F. M. on behalf of the WHO/ISBRA *Study on State and Trait Markers of Alcohol Use and Dependence* Investigators , Metzger J., Ladewig D., Müller-Spahn F., Jachau K. , Varga A., Alling C., Skipper G.E., Alt A., Pridzun L., Gilg T., Alexson S., Dierkes J., Bechtel G., Forster S., Wolfersdorf M. (2002) *Ethyl glucuronide: The promising marker of recent alcohol consumption on the step from science to routine use*. (im Druck)
- *Ultram Abuse and Dependence: An Addiction Medicine Perspective*, Paper Presentation at the International Society of Addiction Medicine, Trieste, Italy, September 12, 2001
- Skipper GE, *Why Refer An Impaired Physician To The Alabama Physician Health Program?* *Alabama Board of Medical Examiners Newsletter*, Vol 16(4): 4, 2001

- Skipper GE, Burnette MK. *Why Refer An Impaired Veterinary Professional To The Alabama Veterinary Professionals Wellness Program?* Alabama Veterinarian, Vol 12(4): 8-9m 2001
- Skipper GE. *Ultram® abuse and dependence among health professionals.* Alabama Board of Medical Examiners Newsletter, Vol 16(3): 2-3, 2001
- Skipper GE (Producer). *Ultram Abuse and Dependence Among Health Professionals*, An Educational Video Production: Developed in conjunction with the Alabama Department of Public Health, 8/01
- Skipper GE. *Prescribing Controlled Drugs: A Question of Balance.* Alabama MD. Vol 37(17): 2, 2001
- Skipper GE. *The Oxycontin Dilemma.* Alabama Board of Medical Examiners Newsletter, Vol 16(2): 1-2, 2001
- Skipper GE. *How Bad Does It Have To Get?* Alabama MD. Vol 37(9): 1, 2001
- Skipper GE. *Addiction...A Disease?* Alabama Board of Medical Examiners Newsletter, Vol 16(1): 1-2, 2001
- Skipper, GE. *The Alabama PRN and the BME: A Partnership.* Alabama Board of Medical Examiners Newsletter, Vol 15(2): 1, 2000
- Skipper GE. *Physician Health Programs Work!* Alabama MD. Vol 36(3): 2, 2000
- Skipper GE. *Chapter 2: Addiction Is A Disease*, pgs 69-72, Series: Current Controversies: Alcoholism, Torr, JD (Editor), Greenhaven Press, San Diego, CA, 2000
- Skipper, GE. *Treating the Chemically Dependent Health Professional*, Journal of Addictive Diseases, Vol 16(3) 1997, pg 67-74
- Skipper GE. Ultram (Tramadol): A Dangerous Addictive Drug in Health Professionals - 25 case reports, Oregon Board of Medical Examiners News. Spring 1999
- Skipper GE. *Naltrexone and Its Effect in Reducing AMA Discharge Rates in Severe Alcoholics, A Double Blind Placebo Controlled Trial*, Springbrook NW Newsletter, 1996
- Skipper GE, Stout R. *Permanent Pacemaker Implantation and Endocardial Electrode Insertion, A Monograph*, Biotronik, Inc, Copyright 1989
- Skipper GE. Circumcision. Calif Med Assoc Journal. June 1, 1982 (126)pg 1313

Recent Lectures, Lecture Series, Workshops, and Presentations

- **Alcohol Testing: Leveraging and Exploding Technology.** 2 hour workshop. American Society of Addiction Medicine. Washington DC. April 16, 2011.
- **Medical Ethics and Professionalism: An Ethics Protection Course.** (2 day workshop for Medical Board of California). Sacramento, CA April 8-9, 2011.
- **Veterinary Health and Wellness.** University of Calgary School of Veterinary Medicine and Faculty and Community Physicians, Calgary, Alberta, BC, Canada. March 17 & 18, 2011.
- **Appropriate Prescribing of Controlled Substances.** 14 hr CME Conference conducted by the Alabama Board of Medical Examiners. March 12-13, 2011. Montgomery, AL
- **Disciplinary Actions against Physician Assistants and How to Prevent Them.** Alabama Society of Physicians Assistants. Birmingham, AL. Feb 18, 2011
- **Medical Ethics and Professionalism: An Ethics Protection Course.** (Two day workshop for the Medical Board of California). Irvine, CA. Sacramento, CA. January 19-20, 2011.

- **Disciplinary Actions against Doctors: How to Avoid Trouble.** Alabama Academy of Family Practice. Birmingham, AL. Dec 11, 2010.
- **Treatment of Addictions: Is it necessary? (Workshop) & All About Drug Testing (Plenary Session).** Tennessee Association of Drug Court Professionals. Murfreesboro TN. Dec 8, 2010.
- **Disciplinary Actions against Doctors: How to Avoid Trouble.** University of Alabama School of Medicine. Huntsville Campus. Grand Rounds. November 30, 2010.
- **Medical Ethics and Professionalism: An Ethics Protection Course.** (Two day workshop) Atlanta, GA. November 19-20.
- **Fundamentals of Doctoring.** University of South Alabama School of Medicine. Mobile, AL. Nov 8, 2010.
- **Medical Ethics and Professionalism: An Ethics Protection Course.** (Two day workshop for the Medical Board of California). Irvine, CA. Sacramento, CA. October 15-16, 2010.
- **Drug Testing and Use of New Alcohol Markers.** Committees of Lawyer Assistance Program – National Meeting. Indianapolis, IN. October 7, 2010.
- **Everything you need to know about drug testing to run a hospital medical staff.** National Association of Medical Staff Services. Orlando, FL. 10/6/10
- **Drug Testing in Pain Clinics.** South Pain Society Annual Meeting. New Orleans, LA. 10/3/10.
- **Veterinary Wellbeing.** American College of Veterinary Anesthesiologists and International Veterinary Emergency and Critical Care Symposium. San Antonio, TX. Sept 13, 2010.
- **What Board Investigators Need to Know about PHPs and Urine-Luck: All About Drug Testing.** Administrators in Medicine Regulatory Board Investigator Training. Nashville, TN. July 29, 2010
- **Medical Ethics and Professionalism: An Ethics Protection Course.** Professional Boundaries, Inc. Moderator and primary lecturer for a two day 14 hr course. Irvine, CA. July 16-17, 2010.
- **Sex, Drugs, Power and Medical Practice. New Resident Orientation.** Baptist Health Systems - June 16, 2010, UAB School of Medicine June 23, 2010. Birmingham, AL..
- **Teamwork in Hospitals – Reducing risk.** Integro, Inc, Boston, MA. June 7, 2010
- **Alcohol Monitoring.** (3 lectures over 3 days) National Association of Drug Court Professionals. Boston, MA. June 2-4, 2010.
- **Why You Should Fly Your Hospital – Learning about teamwork and safety from the FAA.** Meriter Hospital. Madison, Wisconsin. (for Executive Committee Thursday evening, Grand Rounds Friday AM) June 5-6, 2010
- **Dealing with Disruptive Behavior in the Hospital.** Annual Meeting of the Alabama Psychiatric Association. Montgomery, AL. April 24, 2010.
- **Toxicology Update.** (Moderator and Speaker) Federation of State Physician Health Programs Annual Meeting. Chicago, IL April 21, 2010.
- **Dealing with Disruptive Behavior.** (2 hr program on consecutive days) Palm Beach Gardens Hospital. Palm Beach, FL. April 8-9, 2010.
- **The High Risk Physician.** Radiology Residents. Univ of South Alabama School of Medicine. Mobile, AL. April 8, 2010.

- **The Medical Marriage: Men are from Mars, Women are from Venus, Doctors are from Krypton.** Willowbrook Country Club. Alexander City AL. March 30, 2010
- **20 Years of Physician Health in Alabama.** Moderator and Speaker – 5 Hour Workshop. Annual Meeting of the Alabama School of Medicine Alumni Association. Birmingham, AL. February 20, 2010.
- **Physician Health Programs: How to work with them.** Alabama Association of Medical Staff Services. Cullman, AL. February 5, 2010
- **Urine-Luck: All about drug testing.** International Conference on Addictions. Jackson, MS. January 15, 2010
- **Function and Benefits of a Modern Physician Health Program.** Before the Composite Board of Medical Examiners. Atlanta, GA January 7, 2010
- **New Alcohol Markers: Use and Interpretation.** A National Webinar sponsored by Forensic Laboratories, Denver, CO. December 10, 2009
- **Appropriate Prescribing Workshop.** Moderator and Lecturer for Board of Medical Examiner's Course. Birmingham, AL 11/20/2009
- **Fundamentals of Doctoring.** University of South Alabama School of Medicine, Sophomore Class, Mobile, AL. 11/9/2009
- **The High Risk Physician.** University of South Alabama, Department of OBGYN, for ProAssurance Insurance Co, Inc, Mobile, AL 10/30/2009
- **Physician Health Programs – How and Why.** Roger's Memorial Hospital. Delafield, Wisconsin 9/18/09
- **Update on Drug Testing.** Texas Board of Nursing. Phone Conference. 8/13/09
- **Physician Health Programs in the USA. Lessons Learned from Project Blueprint.** Georgia Society of Addiction Medicine and Georgia Psychiatric Association. Amelia Island, FL 8/7/09
- **Appropriate Prescribing Course.** Sponsored by Alabama Board of Medical Examiners. Moderator and Lecturer 8/1/09
- **Lessons Learned from Physician Health Programs in the USA.** Chamber of Physicians Meeting, Basel, Switzerland 5/8/09
- **Results of the First National Study of Physician Health Programs and their Outcomes,** American Society of Addiction Medicine Annual Scientific Meeting, New Orleans, LA 4/29/09
- **“Urine-Luck:” All About Drug Testing,** National Organization of Alternative Programs, Austin, TX 4/1/09
- **An Epidemic of Disruptive Behavior among Physicians: Legal and Clinical Perspectives,** Alabama Psychiatric Society, Destin, FL 3/28/09
- **Physician Health Programs in the United States.** Mississippi Addictions Conference, Jackson, MS, 2/21/09
- **Physician Health Programs.** Louisiana Board of Medical Examiners. New Orleans, LA, 2/16/09
- **Five year outcomes in a cohort study of physicians treated for substance use disorders in the United States.** First combined meeting of the BMA-AMA-CMA on Physician Health. London, England, Nov 18, 2008.
- **Health Risks for Physicians: Protect Yourself and Your Colleagues.** 1st Year “Doctoring Course” University of South Alabama School of Medicine, Mobile, AL, Nov 10, 2008

- **Urine Luck: All About Drug Testing.** Internal Medicine Grand Rounds, University of California San Diego, San Diego, CA, October 28, 2008
- **Sex, Drug, Power and the Practice of Medicine.** Psychiatric Grand Rounds, University of California San Diego, San Diego, CA, October 27, 2008
- **Professional Boundaries, Boards, and PHPs.** Professional Boundaries Seminar, San Francisco, CA, October 19, 2008
- **Health Risks for Veterinarians: Protect Yourself and Your Colleagues.** New Vet Student Orientation. Auburn University, Auburn, AL, August 15, 2008
- **What Board Investigators Need to Know (3 Hour Workshop).** 2nd Annual Board Investigator Certification Course Sponsored Administrators in Medicine. Las Vegas, Nevada, July 9, 2008
- **Starting a Physician Health Program - A Workshop.** Committee for Physician Health, Austrian Medical Society, Salzburg, Austria, May 20, 2008 (4 hour workshop)
- **Physician Health Programs in the USA –** Austrian Medical Society General Membership - Salzburg, Austria, May 20, 2008 (1 hour lecture)
- **Finding Balance - Women in Medicine, A Workshop.** Madison County Medical Society, Huntsville, AL, May 2-3, 2008
- **Update on EtG and Testing for Recent Recent Alcohol Use,** Federation of State Physician Health Programs Annual Meeting, San Antonio, TX, 4/29/2008
- **Physician Health Programs in the United States.** National Center on Addiction and Substance Abuse at Columbia University. New York, NY, 4/14/2008
- **Urine Luck – All About Drug Testing.** Children’s Hospital Grand Rounds, University of Alabama School of Medicine. Birmingham, AL 3/10/2008
- **All About Drug Testing.** Alabama Board of Nursing. Montgomery, AL, 3/20/2008
- **An Epidemic of Disruptive Behavior among Physicians.** Alabama Medical Group Management Association, Birmingham, AL, 3/7/2008
- **Signs and Symptoms of Burnout in Physicians.** DW McMillan Hospital. Brewton, AL, 1/29/2008
- **Prescribing Controlled Substances.** Decatur General Hospital, Decatur, AL 1/15/2008
- **Outpatient vs Inpatient Treatment – It’s Not That Simple and Ethylglucuronide Testing – Benefits and Limitations.** Texas Medical Association Physician Health Annual Meeting, S Padre Island, Jan 12, 2008
- **Sex, Drugs, Power and the Practice of Medicine.** County Medical Society, Dadeville, AL, December 4, 2007
- **Disruptive Behavior Among Physicians.** Brookwood Hospital Leadership Meeting. Birmingham, AL, November 29, 2007
- **The Chemically Dependent Physician.** Gadsden Regional Medical Center, Gadsden, AL November 13, 2007
- **Drug Testing.** DW McMillan Hospital, Brewton, AL, November 6, 2007
- **Benefits of Having a Professional Health/Wellbeing Program.** Alabama Society of Regulatory Boards, Florence, AL November 7, 2007
- **Sex, Drugs, Power and the Practice of Medicine.** University of South Alabama, Sophomore Medical Students, November 5, 2007

- **Assisting Troubled Doctors**, Dekalb Regional Hospital, Fort Payne, AL, November 6, 2007
- **Lessons from Physician Health Programs in the United States**, International Society of Addiction Medicine, Cairo, Egypt, October 24, 2007
- **Trauma from Medical Training**, Finding Balance Conference, SanDestin Resort, Destin, FL, October 6, 2007.
- **Disruptive Behavior – Clinical Perspectives**, National Association of Medical Staff Services, NY, NY, October 1, 2007
- **Prescribing Controlled Substances**, East Alabama Medical Center, Anniston, AL, September 20, 2007
- **Veterinary Wellness Programs**. Tuskegee Veterinary School, September 19, 2007
- **Disruptive Behavior among Physicians**, Cumberland Law School, Health - Law Conference, September 14, 2007
- **Impairment Issues for Veterinarians**, Auburn University, Auburn, AL, August 10, 2007
- **Physician Health Programs in the United States – Results of a National Study**, Presented before the Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment, National Advisory Council, Washington, DC, June 28, 2007
- **Sex, Drugs, Power and the Practice of Medicine, New Resident Orientation**, Carraway Medical Center, Birmingham, AL, June 21, 2007
- **An Epidemic of Disruptive Behavior among Physicians: Clinical, Legal, and Disciplinary Perspectives**, Shelby Baptist Annual Medical Staff Meeting, Alabaster, AL, June 11, 2007
- **All About Drug Testing**, Administrators in Medicine, First Training for Medical Board Investigator Certification, Orlando, Florida, June 7, 2007
- **Sex, Drugs, Power and the Practice of Medicine**, Baldwin County Medical Society, East Mobile Bay, June 5, 2007
- **Use of Alcohol Markers and Contingency Monitoring Improves Outcomes Post Treatment for Alcoholism**, University of Basel, Psychiatric Hospital, Basel, Switzerland, May 18, 2007
- **Physicians Health Programs in the United States – Phase I Results of a National Study**, Federation of State Physician Health Programs, San Francisco, CA, May 1, 2007
- **Physicians Health Programs in the United States – Phase I Results of a National Study**, American Society of Addiction Medicine, Miami, Florida, April 28, 2007
- **Proper Use of Alcohol Markers in Monitoring Abstinence**, Forensic Laboratory, Denver, CO, April 16, 2007
- **Dealing with the Troubled Physician**, Cullman Regional Medical Center, Cullman, Alabama, March 19, 2007
- **An Epidemic of Disruptive Behavior among Physicians – A Six Week Web Conference: Clinical, Legal, and Disciplinary Perspectives**, Course Director, Federation of State Medical Boards, 6 weekly 1.5hr sessions, January 11 – Feb 15, 2007

Highlights of Previous Lectures, Lecture Series, and Workshops

- **Professional Boundaries: Causes, Treatment, Prevention**, Course Director, AMA-CMA International Conference on Physician Health, Ottawa, Canada, Dec 2, 2006
- **Sexual Boundary Violations Among Physicians**, Professional Boundaries, Inc, Atlanta Workshop, Medical Director, Atlanta, GA, May 14, 2006
- **Ethylglucuronide and other new Alcohol Markers**, 2 hour workshop, Course Director, American Society of Addiction Medicine, San Diego, CA, May 6, 2006
- **Physician Health Programs: National Study**, 3 hour workshop, American Society of Addiction Medicine, Annual Medical Scientific Meeting, San Diego, CA, May 5, 2006
- **Men are from Mars, Women are from Venus, Doctors are from Krypton**, Flowers Hospital Medical Staff, Dothan, AL, February 13, 2006
- **Sexual Boundary Violations, Professional, and Disciplinary Actions**, Professional Boundaries, Inc, Atlanta, GA February 5, 2006
- **Urine Luck – All About Drug Testing**, CAPTASA, National Conference on Addiction, Lexington, KY, January 28, 2006
- **Moderator: Professional Sexual Misconduct, A Web Seminar, Sponsored by the Federation of State Medical Boards**, 6 weekly sessions 1.5 hr/wk seminar beginning January 5, 2006, Web based.
- **The Chemically Dependent Physician**, Annual Meeting of the Southern Medical Association, San Antonio, TX 11/12/05
- **The Medical Marriage**, Australian Medical Society Victoria, International Physician Health Conference, Melbourne, Australia, Keynote Speakers, 11/5/2005
- **Sex, Drugs, Power and the Practice of Medicine**, Australian Medical Society Victoria, International Physician Health Conference, Melbourne, Australia, Keynote Speaker, 11/4/2005
- **Finding Balance – Life Issues for the Practicing Physician**, Destin, FL 10/14-16/2005 (moderator)
- **Marriage – Tacit Contracts, Enmeshment, etc**, William Farley Center, Williamsburg, Virginia, October 1, 2005 (1.5 hour program with Ann Skipper, MD)
- **Methamphetamine Abuse**, Channel 8 WAKA News, (30 min program), 8/15/2005
- **“Urine-Luck”, All About Urine Drug Testing**, International Doctors in AA, Palm Springs, CA 8/5/05
- **Sexual Boundary Violations: A National Course for Regulatory Board Members**, Atlanta, GA, 7/22/05 (Course Director)
- **JCAHO Requirements for Physician Health**, UAB West Medical Center, 7/12/05
- **Prescribing Controlled Substances – The Interface Between Pain Management and Addiction Treatment, Case Management Conference**, HealthSouth Lakeshore, 6/18/05
- **Physician Health and Wellbeing**, Princeton New Resident Orientation, 6/15/05
- **Dealing with Addictions in Patients and Colleagues**, University of South Alabama School of Medicine, Freshman Medical Students, “Doctoring Course,” 2/15/05
- **Sex, Drugs, Power and the Practice of Medicine**, Tennessee Society of Anesthesiology, Nashville, TN, 2/7/05
- **Ethical, Legal, Historical, and Clinical Issues Related to Prescribing Controlled Substances**, Grand Rounds, University of Alabama Birmingham, Department of Physical Medicine and Rehabilitation, Birmingham, AL 12/10/2004

- **Sex, Drugs, Power and the Practice of Medicine**, Bryan Lincoln General Hospital Annual Medical Staff Meeting, Lincoln, Nebraska, 11/30/2004
- **Clinical Use of Ethylglucuronide Testing**, Workshop on Forensic Toxicology, Salt Lake City, UT, 8/25/2004
- **Report to Congress on Co-Occurring Disorders**, Psychiatric Institute of Alabama, Grand Hotel, Point Clear, AL, 8/20/2004
- **Emotional Intelligence and Why You Need It**, VA Hospital Grand Rounds, Tuscaloosa, AL, 8/10/2004
- **Sex, Drugs, Power and the Practice of Medicine**, Tri-State Anesthesiology Meeting, Perdido Beach Resort, Orange Beach, AL, 7/31/2004
- **The Medical Marriage**, Mississippi Physician Health Program Annual Retreat, (with Dr. Ann Skipper), Lake TiahKata, 7/10/2004
- **The Utility of Using Ethyl Glucuronide in Monitoring Recovering Health Professionals**, Research Society on Alcoholism (RSOA) Annual Meeting, (Part of a International workshop on New Markers), Vancouver, BC, Canada, 6/29/2004
- **Marriage Workshop for Health Professionals – Finding Balance**, Veterinary Medical Association, (3 hour workshop w/, Dr. Ann Skipper), Annual Meeting, Point Clear, AL, 6/25/2004
- **Physicians and Drug Diversion**, National Association of Drug Diversion Investigators, Birmingham, AL, 6/17/2004
- **Ethylglucuronide: A New Biomarker for Recent Alcohol Use and Its Use in Physician Health Programs**, International Society of Addiction Medicine, Helsinki, Finland, 6/3/2004
- **Ethylglucuronide: A New Marker for Alcohol Use**, Federation of State Physicians Health Programs, Washington DC, 4/27/2004
- **Workshop: Professional Boundaries: Addressing Sexual Boundary Violations: Underlying Causes, Prevention, and Treatment**, Atlanta, GA, 3/27-28/2004
- **Update on Ethylglucuronide Testing**, National Advisory Council, Center for Substance Abuse Treatment, Washington DC, 3/11/2004
- **Whitehouse Press Conference with Andrea Barthwell, Deputy Director of the Office of National Drug Control Policy**, International Conference on Addictions, Birmingham, AL, 3/5/2004
- **The Neurobiology of Addiction**, Underwriters Conference, ProAssurance Malpractice Insurance Company, Birmingham, AL, 11/17/2003
- **Further significance for the diagnostic and therapeutic usefulness of the non oxidative direct ethanol metabolites ethyl glucuronide (EtG), fatty acid ethyl esters (FAEE) and phosphatidyl ethanol (Peth) in comparison to traditional markers. 23. Symposium der AGNP**, Wurst FM, Wiesbeck G, Forster S, Bechtel G, Wolfersdorf M, Huber P, Alexson S, Gilg, T, Jachau K, Varga A, Alling C, **Skipper G**, Pragst F, Auwärter A, Weinmann W (2003), 9. Oktober 2003, München, Germany
- **Sex, Drugs, Power and the Practice of Medicine**, National Association of Medical Staff Services Annual Meeting, San Antonio, TX, 10/2/2003
- **Men Are from Mars, Women are from Venus, Doctors are from Krypton**, Annual Meeting of the Alabama Academy of Pediatrics, SanDestin, FL, 9/26/2003

- **Emotional Intelligence – Why It Matters**, Plenary Session, American Dental Association Annual Meeting, Chicago, IL, 9/6/2003
- American Dental Association Annual Meeting, “**Multidisciplinary Assessment and the Evaluation of Impaired Dentists**”, Chicago, IL, 9/4/2003
- Presentation, “**Report to Congress on Co-Occurring Disorders**,” Addictions Conference at Palmetto, Rayville, LA, 8/2/2003
- Presentation, “**The Evolution of Veterinary Wellness Programs and Dealing with Burnout and Communication Problems**,” Annual Meeting of the American Association of Veterinary State Boards, Denver, CO, 7/20/2003
- Presentation, “**Emotional Intelligence and Communication Skills**,” Health for the Healer Workshop, University of Alabama Birmingham, 5/14/2003
- Presentation, “**A Wellbeing Program for Physician Assistants**,” Alabama Association of Physician Assistants, Birmingham, AL, 2/28/2003
- Presentation, “**Stress and Burnout in Medicine and the Need for Wellness Programs**,” University of Alabama Birmingham in Huntsville, Faculty Meeting, 1/21/2003