

# CURRICULUM VITAE

CURRENT 9/9/24

## **GREGORY E. SKIPPER, M.D.**

Distinguished Fellow, American Society of Addiction Medicine  
Diplomat, American Board of Internal Medicine  
Diplomat, American Board of Addiction Medicine  
Certified Medical Review Officer  
Program Advisor, Center for Professional Recovery: Professionals Treatment Program and  
Comprehensive Diagnostic Evaluation Programs, Malibu, CA  
Medical Consultant and Co-founder, PBI Education

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### **Email:**

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### **Year and Place of Birth:**

1949 Auburn, Alabama, USA

### **Marital Status:**

Married April 6, 1974 to Ann Skipper, MD (retired psychiatrist)

### **Current Positions:**

- **Program Advisor**, Center for Professional Recovery: Professionals Treatment Program and Comprehensive Diagnostic Evaluation Programs ([www.centerforprofessionalrecovery.com](http://www.centerforprofessionalrecovery.com)), 2021 – Present
- **Medical Consultant and Co-founder**, PBI Education, formerly Professional Boundaries, Inc. ([www.pbieducation.com](http://www.pbieducation.com)), 2000 – present
- **Medical Review Officer, Toxicology, Consulting**, 2005 – present

### **Education and Training**

- **Internship and Residency**, Internal Medicine, University of California San Diego, CA, 1975-1978 (Completed 3-year Internal Medicine Residency)
- **Residency**, Physical Medicine and Rehabilitation, Spain Rehabilitation Center, Birmingham, AL 1974-1975 (Brief 6-month residency following medical school awaiting start of Internal Medicine residency)
- **M.D.**, University of Alabama School of Medicine, Birmingham, AL, 1971--1974, AOA Honorary Society

- **B.S.**, Psychology and Chemistry, University of Alabama, Tuscaloosa, AL, 1967--1971, Magna Cum Laude

### **Licensure and Certification**

#### **Licensed to Practice Medicine:**

- California – # G88361 (Issued 10/1/2008 – currently active in good standing)
- Alabama - #22705 (Issued 5/26/1999 – currently lapsed)
- Oregon - #MD12011 (Issued 10/13/1979 – currently lapsed)

#### **Diplomat:**

- National Board of Medical Examiners, Parts I, II, III, Completed 1971 (Composite Score 97<sup>th</sup> percentile)

#### **Certifications:**

- Distinguished Fellow, American Society of Addiction Medicine – 2015 - present
- American Academy of Medical Review Officers, AAMRO Certified, MROCC Recertified - 2020
- Fellow, American Society of Addiction Medicine (FASAM) – 1997
- Certified, American Medical Society of Alcoholism and Other Drug Dependencies (former name of ASAM) – 1990
- Diplomat of the American Board of Addiction Medicine – 2013 - present
- Diplomat of the American Board of Internal Medicine – 1978 - present

### **Employment and/or Primary Practice Activities**

- Program Advisor (formerly Medical Director), Center for Professional Recovery: Professionals Treatment Program and Comprehensive Diagnostic Evaluation Programs ([www.centerforprofessionalrecovery.com](http://www.centerforprofessionalrecovery.com)), 2017 – Present
- Director of Professional Health Services, Promises Professionals Treatment Program, Santa Monica, CA (9/1/11 – 11/20/17)
- Medical Consultant and Co-founder, Professional Boundaries, Inc. ([www.professionalboundaries.com](http://www.professionalboundaries.com)) 5/2000 - Present
- Principal, Topanga Resources, LLC (Toxicology, Alcohol Markers, Physician Health, Addiction Medicine Consulting)
- Medical Director, Alabama Physician Health Program– 10/1999 – 8/2011
- Assistant Professor, Department of Medicine, University of Alabama School of Medicine, – 1/2003 – 8/2011
- Medical Director and Chief of Staff, Springbrook Northwest (Springbrook Hazelden), 4/93-10/99
- Assistant Professor, Departments of Medicine and Psychiatry, Director of the Addiction Medicine Fellowship Program, Oregon Health Science University, School of Medicine - 8/95 – 10/99
- Addiction Medicine Consultant, Ridgecrest Associates, Multidisciplinary Assessments of Health Professionals, 1993 - 1996
- Consultant in Addiction Medicine, Springbrook Northwest, Newberg, OR, 1989 - 1993

- Group Practice Internal Medicine and Cardiology, Newberg, Oregon, 1980 - 1995
- Medical Director, Chicano Community Clinic, San Diego, CA, 1978 – 1980

### **Awards**

- Distinguished Alumnus of the Year 2009, University of Alabama School of Medicine

### **Appointments**

- California Public Protection and Physician Health, Advisory Board 2011 - current
- Drug Enforcement Agency, Task Force on Restoration of DEA Certification, 2015
- John P. McGovern Symposium: The New Paradigm for Recovery. Nov 18, 2013. Washington DC
- Alcohol and Crime Workgroup. PEW Charitable Trusts. Washington, DC – 7/2010
- NIH Grant Review Committee, Alcohol Marker Grant Application Tertiary Reviews - 2009 - present
- Special Government Employee - Substance Abuse and Mental Health Services Administration, National Advisory Council, Center for Substance Abuse Treatment – 2002 - 2008
- Special Government Employee - Food and Drug Administration, Center for Drug Evaluation and Research, – 2003 – 2011
- Assistant Professor, Department of Medicine, University of Alabama School of Medicine, Attending Faculty for Internal Medicine Training Program, 2003 - 2011
- Fellow, American Society of Addiction Medicine, (FASAM) 5/1997
- Director of the Addiction Medicine Fellowship Program, Oregon Health Science University, Department of Psychiatry - 1998 - 1999
- Clinical Assistant Professor, Department of Medicine, Oregon Health Science University, School of Medicine - 1985 - 1999
- Clinical Assistant Professor, Department of Psychiatry, Oregon Health Science University, School of Medicine - 1998 - 1999
- Founding Member, Oregon Health Professionals Program, Diversion Council. Appointed by the Oregon Board of Medical Examiners. Duties included oversight, policy development, hiring Medical Director and Executive Secretary of newly formed program, assisting the Medical Director in performing interventions and assessments, standards development and definitions of relapse and relapse management, etc., 1988-1990
- Attending Physician, Providence Newberg Hospital, 1980 - 1999
- President, Medical Staff, Providence Newberg Hospital – 1984-1985

### **Committees, Councils, and Task Force Appointments**

- Federation of State Physician Health Programs Accreditation Task Force 2019 - present
- Soberlink Workgroup: To Develop Standards, Dallas TX 2/27/16
- Advisory Committee, California Public Protection and Physician Health, 2011 - present
- Drug Enforcement Agency, Task Force on Restoration of DEA Certification, 2015
- California Society of Addiction Medicine Clinical Advisory Committee Task force on Physician Health (advisory to the California Patient Protection Physician Health board). Feb 2011 - current

- American Society of Addiction Medicine, Drug Testing Task Force, Co-Chair, 9/2011
- SAMHSA Committee to Reassess the Alcohol Marker Advisory. Washington DC January 17, 2011
- Department of Public Health, Montgomery, AL – 1/2009 - 2011
- Inflexion, Risk Management Task Force for Addictive Pain Meds, Needham, MA, 10/2/2007
- Research Committee, Federation of State Physician Health Programs, 6/2006 – 2011
- Drug Testing Committee, Federation of State Physician Health Programs, 5/2005 – 2011
- Methamphetamine Abuse Task Force – 4/2005 – 2008 (Montgomery, AL – appointed by the Attorney General’s Office)
- Model Interstate Compact Working Group for the National Alliance for Model State Drug Laws, supported by the Bureau of Justice Assistance, Office of Justice Programs, U.S. Department of Justice, and the Drug Enforcement Administration, Washington, DC, July 15, 2004 - 2008
- Congressional FDA Expert Panel, Indications for OxyContin and Other Opioids for Chronic Pain – Should indications be more restricted? Washington DC, September 9-10, 2003
- Board of Directors, Mitigation Services of Alabama, Montgomery, AL 2002-present (An organization devoted to defense assistance in capital murder cases.)
- Methadone-Associated Mortality, A National Assessment Workshop, Representing the Center for Substance Abuse Treatment, Washington DC, May 8-9, 2003
- National Advisory Council for the Substance Abuse and Mental Health Services Administration and Center for Substance Abuse Treatment, member 2002-2008
- Impaired Drivers Trust Fund Advisory Board, Dept. of Rehab Services, State of Alabama, 2003-2008
- Board of Directors, Council on Substance Abuse and National Council on Alcoholism and Drug Dependence, Montgomery, AL, 2001 - 2011
- Alabama Controlled Substances Advisory Committee, Department of Public Health, 2001 - 2011
- Governor’s Summit on Alcohol and Drug Issues, Drug Free Workplace Task Force, 2001
- Board of Directors, Federation of State Physician Health Programs (FSPHP), 2000 - 2004
- Governor’s Alcohol Abuse Task Force, State of Alabama, 1999 - 2001
- Physician Health Committee, American Society of Addiction Medicine, 1995 - 2000
- ASAM Managed Care Committee Member and Member of ASAM Internal Medicine advisory committee 1992 - 2000
- Medical Student Curriculum Committee, to develop curriculum guidelines in teaching Addiction Medicine for medical students at Oregon Health Science University, 1991 – 1993
- Oregon Board of Medical Examiners, Diversion Council, 1989 - 1991
- Oregon Medical Association Physicians Assistance Committee, 1982-1989

### **Memberships**

- California Society of Addiction Medicine
- California Medical Association
- Los Angeles County Medical Association

- American Society of Addiction Medicine (ASAM) formerly the American Medical Society on Alcohol and Other Drug Dependencies (AMSAODD), 1984 – present
- International Society of Addiction Medicine (ISAM) 2004 - present
- Alabama Society of Addiction Medicine, State Chapter of ASAM, 1999-2012
- Founding Member, Oregon Society of Addiction Medicine, State Chapter of ASAM, 1988 - 2000
- American College of Physicians
- AOA Honorary Medical Society

### **Special Appearances and Activities**

- Consultant, Milo Sensors (a new monitoring device for alcohol abstinence), Santa Monica CA 2019
- Guest expert on the radio talk show, Closed Doors, KABC 790 Los Angeles, aired on 8/11/18
- Dr. Greg Skipper featured on The Doctor Show, discusses patient who contracted Hepatitis C from an infected health worker, 11/21/17
- Dr. Greg Skipper featured on MedShadow.org (50,000 UVPM) in article titled, “Is Morphine Being Overprescribed?” 12/15/14 (<https://medshadow.org/over-prescription-opioids/>)
- Dr. Skipper was featured on ABC World News with Diane Sawyer in a segment titled, “Heroin Addiction in America.” 2/3/14 (<https://www.elementsbehavioralhealth.com/drug-abuse-addiction/abc-news-talks-with-promises-dr-greg-skipper-about-functioning-heroin-addicts/>)
- Dr. Skipper interviewed re “Heroin Overdose Epidemic” on LA KNX Radio primetime segment (<https://www.promises.com/addiction-blog/promises-dr-skipper-discusses-heroin-overdose-epidemic-with-knx-radio/>)
- ESPN w/ The Experience with Lafern Cusak, ESPN Los Angeles, Addiction and Intervention with Athletes, 9/8/13
- Moderator, MROINFO egroup, 2011 - 2020
- KMOV, St Louis, Ethylglucuronide – A New Marker for Recent Drinking, 9/18/2007
- The Kevin Elkin Show, Radio 1440, Montgomery, AL – All About Addiction, 9/19/2007
- WSFA – TV: Montgomery, AL – Special on Addictions, 9/12/2007
- Wall Street Journal – Weekend Edition, Featured on the Front Page, A Test for Alcohol and It’s Flaws, August 12, 2008
- Co-Principle Investigator, National Physician Health Program Study- Blueprint for Lasting Recovery, sponsored by a Robert Wood Johnson Foundation Grant, Treatment Research Institute, Philadelphia, PA, 2005-2007
- Principle Investigator, Ethyl Glucuronide Testing – Monitoring Alcohol Abuse. Sponsored by a Grant from The Caduceus Foundation, 2005-2007
- Co-Principle Investigator, National Fentanyl Abuse Surveillance Study, Prescription Drug Research Corporation, Rockville, MD, 2005
- Ethylglucuronide.com, developed and maintains website for general information, reporting, information, etc., and moderator of ethylglucuronide egroup
- Founder and Moderator, State Physician Health Programs egroup (An international group of over 160 professionals who oversee the Health and Wellness Programs in several countries)

- Ultram Abuse and Dependence among Health Professionals, a video tape production, 2001
- NBC News Affiliate, “MDMA and Club Drugs”, 1/24/2001
- Guest, Jim Lehrer News Hour, PBS, Interview: Allocation Policy by UNOS in Liver Transplantation and Its Relation to Addiction - 12/1996
- AM Northwest guest regarding Recovery Talk Radio and Recovery, 9/1994
- AM Northwest TV program special guest representing the Oregon Board of Medical Examiners regarding Impaired Physicians, 11/1989
- Participant in Today Show, NBC, Sober Vacations, Snake River, ID 7/1990
- Recovery Talk, Radio Talk Show Founder and Host, KPHP Radio. A nationally syndicated talk show, 6/1994 - 10/1995

### **Publications and Papers**

#### **2020**

- Goldenberg M, Miotto K, Skipper G, Sanford J. **Outcomes of Physicians with Substance Use Disorders in State Physician Health Programs: A Narrative Review.** J of Psychoactive Drugs. 2020 Jul-Aug;52(3):195-202. doi: 10.1080/02791072.2020.1734696. Epub 2020 Mar 11.

#### **2017**

- Pham JC, Pronovost PJ, Skipper GE. **Prevalence of Drug Testing Among Family Medicine Residents and Students: Much Needed Data.** Journal of Graduate Medical Education March 2015, 128-130
- Gordon A, Jaffe A, McLellan AT, Richardson G, Skipper GE, Sucher M, Tirado CF, Urschel H. **How Should Remote Clinical Monitoring Be Used to Treat Alcohol Use Disorders?: Initial Findings from an expert round table Discussion.** J Addict Med, 2017 Mar/Apr;11(2):145-153

#### **2016**

- Merlo LJ, Campbell MD, Skipper GE, Shea CL, DuPont RL. **Outcomes for Physicians With Opioid Dependence Treated without Agonist Pharmacotherapy in Physician Health Programs.** JSAT 64 (2016) 47-54
- Rose JS, Campbell MD, Yellowlees P, Skipper GE, DuPont DL. **Family Medicine Physicians with Substance Use Disorder: A 5-Year Outcome Study.** JAM 2016 6 pages

#### **2015**

- Skipper GE, Pham JC, Pronovost PJ. Physician drug testing is unscientific and is unlikely to achieve state aims – in response. Ann Intern Med 2015 Apr 21;162(8):598
- Skipper GE. **The Impaired Professional Part III, Understanding Addicted Physicians,** Counselor Magazine, October 2015, 17-18

## 2014

- Yellowlees PM, Skipper GE, et al. **Psychiatrists with Substance Use Disorders: Positive Treatment Outcomes From Physician Health Programs**, *Psychiatric Services* 2014 Dec 1;65(12):1492-5
- Pham JC, Pronovost PJ, Skipper GE. **California's Proposition 46: A Wolf in Sheep's Wool**. *Annals of IM*, 16 December 2014, Vol 161(12), 913-914.
- DuPont RL, Shea CL, Skipper GE, et al. **The New Paradigm for Recovery: Making Recovery – and Not Relapse – the Expected Outcome of Addiction Treatment**. A White Paper Report of the John P McGovern Symposium. March 2014.
- Dammann G, Dursteler-MacFarland KM, Strasser H, Skipper GE, Wiesbeck GA, Wurst FM. **Cannabis Use Among a Sample of 16 to 18 Year-old Students in Switzerland**. *Psychiatria Danubina*, 2014:Vol.26, No. 1, pp56-65.
- Skipper GE, Thon N, DuPont RL, Campbell MD, Weinmann W, Wurst FM. **Cellular Photo Digital Breathalyzer for Monitoring Alcohol Use: A Pilot Study**. *Eur Addict Res* 2014;20:137-142.
- Rose JS, Campbell M, Skipper GE. **Prognosis for Emergency Room Physicians with Substance Abuse Recovery: 5 Year Outcome Study**. *Western Journal of Emergency Medicine*. Vol XV, No 1, Feb 2014.
- Schonwald G, Skipper GE, Smith DE, Earley PH. Anesthesiologists and substance use disorders. *Anesth Analg*. 2014 Nov;119(5):1007010

## 2013

- Skipper GE, Thon N, Dupont RL, Campbell MD, Weinmann W, Wurst GF. **Cellular Photo Digital Breathalyzer for Monitoring Alcohol Use: A Pilot Study**. *European Addiction Research*. 2014;20:137-142.
- Dammann G, Skipper GE, et al. **Cannabis use Among a Sample of 16 to 18 Year-Old Student sin Switzerland**. *Psychiatria Danubina* 2014; Vol 26, No 1, pp 56-65.
- Pham JC, Pronovost PJ, Skipper GE. Protection of patients from physician substance misuse – reply. *JAMA* 2013 Oct 2;310(13):1403-4
- Pham JC, Pronovost PJ, Skipper GE. **Identification of Physician Impairment**. *JAMA*. 2013;():1-2. doi:10.1001/jama.2013.4635.

- Skipper GE. **Substance Disorders: Best Practices in Drug and Alcohol Testing Across a Continuum of Care.** Alere Toxicology. Monograph 2013.
- Wurst FM, Rumpf HJ, Skipper GE, Allen JP, Kunz I, Beschoner P, Thon N. **Estimating the prevalence of drinking problems among physicians.** Gen Hosp Psychiatry. 2013 Jul 5. doi:pii: S0163-8343(13)00139-4. 10.1016/j.genhosppsy.2013.04.018. [Epub ahead of print]
- Skipper GE, Thon N, Dupont RL, Baxter L, Wurst FM. **Phosphatidylethanol: The Potential Role in Further Evaluating Low Positive Urinary Ethyl Glucuronide and Ethyl Sulfate Results.** Alcohol Clin Exp Res. 2013 Sep;37(9):1582-6 doi: 10.1111/acer.12121. June 3
- Skipper GE. **State Physician Health Programs Protect the Public – And Save Careers.** Federation of State Physician Health Programs Newsletter. Feb 2013. Vol 18. Pgs. 4-5.

## 2012

- Skipper GE, Schenthal S. Special from Missouri Physicians Health Program. **Sexual misconduct by professionals: a new paradigm of understanding.** Mo Med. 2012 May-Jun;109(3):184-6. No abstract available.
- Dupont RL, Skipper GE. **Six lessons from state physician health programs to promote long-term recovery.** J Psychoactive Drugs. 2012 Jan-Mar;44(1):72-8.
- Skipper GE, Williams J. **Failure to Acknowledge High Suicide Risk among Veterinarians.** Journal of Veterinary Medical Education, Issue 1, 2012, p.-1.
- Skipper GE, DuPont R, Martin D. **A New Challenge for Drug-Free Workplace Programs.** Journal of Occupational Health and Safety. Occup Health Saf. 2012 Feb;81(2):32, 34.

## 2011

- Skipper GE, DuPont RL. The Advantages of Long-Term Monitoring. Addiction Professional. July 2011. [www.addictionpro.com/article/advantages-long-term-monitoring](http://www.addictionpro.com/article/advantages-long-term-monitoring)
- Wurst FM, Thon N, Yegles M, Halter C, Weinmann W, Laskowska B, Strasser J, Skipper G, Wiesbeck GA, Dursteler-Macfarland K. Optimizing heroin-assisted treatment (HAT): Assessment of the contribution of direct ethanol metabolites in identifying hazardous and harmful alcohol use. Drug Alcohol Depend. 2011 May 1;115(1-2):57-61

## 2010

- Skipper GE, DuPont RL. The Physician Health Program: A Replicable Model of Sustained Recovery Management. (Chapter 17 pgs. 281-299) In: J.F. Kelly and W.L. White (eds.), Addiction Recovery Management: Theory, Research and Practice, Current Clinical Psychiatry, DOI 10.1007/978-1-60327-960-4\_15, Springer Science+Business Media, LLC 2011

- Skipper GE, DuPont RL. US Physician Health Programs: A Model of Successful Treatment of Addictions. *Counselor: The Magazine for Addiction Professionals*. Dec 2010. Vol 11(6) 22-30.
- Skipper GE. Medical Malpractice: Anatomy of a Lawsuit and Malpractice Stress Syndrome. *Newsletter of the Missouri Physician Health Program*. March 2010. Pgs. 2-8

## 2009

- Skipper GE. Confrontational approach has no role in addressing physician addiction. *Mayo Clin Proc*. 2009 Nov;84(11):1042-3.
- Skipper GE. In Response to letter to the Editor. *Anesthesia and Analgesia*. Volume X. Number X. 2010, pg. 1
- Skipper GE. The value of physician health programs. *Alabama Board of Medical Examiners Newsletter and Report*. October – December 2009, Volume 24, Number 4, pgs. 1-4
- Skipper GE, Campbell MD, DuPont RL. Anesthesiologists with Substance Use Disorders: A 5-Year Outcome Study from 16 State Physician Health Programs. *Anesth & Analg* 109(3), Sept 2009, 891-896.
- Skipper GE, DuPont RL. Anesthesiologists Returning to Work after Substance Abuse Treatment. *Anesthesiology*, V110, No 6, June 2009 1426-28.
- DuPont RL, McLellan AT, Carr G, Gendel M, Skipper GE. How are addicted physicians treated? A national survey of physician health programs. *JSAT* 37 (2009) 1-7.
- Skipper GE, DuPont RL. What about Physician Health Programs. *The New Republic*. January 18, 2009 (<http://www.tnr.com/politics/story.html?id=2b230eae-edbb-4b38-951f-75529f5cb2c5>)

## 2008

- Skipper GE, Liepman M, Wurst FM, Weinmann W. Breathing Vapor of Ethanol-Based Hand Sanitizing Gel Vapor Causes Positive Alcohol Marker, Ethylglucuronide (EtG), and Positive Breathalyzer. (Accepted for publication by *Journal of Addiction Medicine* 11/25/2008)
- Skipper GE, Schenthal SJ. Professional Sexual Misconduct: A new paradigm of understanding. *Alabama Board of Medical Examiners Newsletter and Report*, 23(3), July-Sept 2008, 1-6.
- Physicians and Medical Workers, Substance Abuse Among. *Encyclopedia of Drugs, Alcohol & Addictive Behavior*, 3<sup>rd</sup> ed., *Macmillan Reference USA*, 2008, Vol 3, pages 242-251
- McLellan AT, Skipper GE, Campbell M, DuPont RL. Five year outcomes in a cohort study of physicians treated for substance use disorders in the United States. *BMJ*. 2008 Nov 4;a2038, doi:10.1136.a2038.
- White, W.L., DuPont, R.L., Skipper, G.E. (2008). Physician health programs: What counselors can learn from these remarkable programs. *Counselor Magazine*, June 27, 2007, 44-51

- Skipper GE, DuPont RL, White WL. Testing for Recent Alcohol Use. Perspectives – the Journal of the American Probation and Parole Association. 2008(32)3, 38-45
- DuPont RL, Skipper GE, White WL. Testing for Recent Alcohol Use. Student Assistance Journal. Spring 2008 12-18
- DuPont RL, Skipper GE, White WL. Testing for Alcohol Use. Counselor Magazine. April 2008(9) 44-51.
- DuPont, R.L., Skipper, G.E. & White, W. L. (2007). Testing for recent alcohol use. Employee Assistance Digest, Winter2007,28(1), 15-21

### **2006**

- Skipper GE, Schenthal S. Professional Sexual Misconduct – A Primer. Published on the Web, [www.Professionalboundaries.com](http://www.Professionalboundaries.com)

### **2005**

- Skipper GE, Brase DA. Tramadol Abuse and Dependence among Physicians. JAMA. 2005; 293:1977-1978

### **2004**

- Skipper GE, Fletcher C, Rocha-Judd R, Brase D. Tramadol Abuse and Dependence among Physicians. JAMA. 2004;292:1818-1819
- Skipper GE, Weinmann W, Wurst FM. Ethylglucuronide (EtG): A New Marker to Detect Alcohol Use in Recovering Physicians. Journal of Medical Licensure and Discipline, 2004,90(2), 14-17
- Skipper GE, Weinmann W, Theirauf A, Schaefer P, Wiesbeck G, Allen JP, Miller M, Wurst FM. Ethyl Glucuronide: A Biomarker to Identify Alcohol use by Health Professionals Recovering from Substance Use Disorders, Alcohol Alcohol. 2004 Sep-Oct;39(5):445-9.
- Wurst FM, Alexson S, Skipper GE, Wiesbeck G, Wolfersdorf M, Marques P, Metzger J, Gilg T, Weinmann W (2004) Fatty acid ethyl esters, ethyl glucuronide and methanol in the serum of alcoholics during detoxification. Alcohol Clin Exp Res 28:157A

### **2003**

- Skipper GE, Schaefer P, Thierauf A, Weinmann W, Allen JP, Miller M, Wiesbeck GA, Wurst F M (2004) Detection of Surreptitious Alcohol Use Among Health Professionals Recovering from Substance-Related Disorders Using a New Marker, Ethyl Glucuronide. Addiction (submitted 12/03; #03/427)

- Wurst F M, Skipper GE, Weinmann W (2003) Ethyl glucuronide – the direct ethanol metabolite on the threshold from science to routine use. *Addiction* 98 (Suppl 2) 51-61
- Wurst F M., Vogel R., Jachau K., Varga A., Alling C., Skipper G.E., Alt A. (2003) Ethyl glucuronide detects recent alcohol use in forensic psychiatric inpatients. *Alcohol Clin Exp Res* 2003, 27: 471-476
- Journal highlight ACER 03/2003, Feature story: [www.eurekalert.com](http://www.eurekalert.com). (American Association for the Advancement of Science) The alchemist: [www.chemweb.com](http://www.chemweb.com) Frankfurter Allgemeine Zeitung 02.04.2003

### **Citable abstracts**

- Wurst F M , Wiesbeck GA, Forster S, Bechtel G, Wolfersdorf M Huber P, Alexson S, Gilg T, Ladewig D, Jachau K, Varga A, Alling C, Skipper G, Pragst F, Auwärter A, Weinmann W (2003) Non oxidative direct ethanol metabolites in comparison to traditional markers: Further significance for the clinical usefulness of ethyl glucuronide (EtG), fatty acid ethyl esters (FAEEs) and Phosphatidyl ethanol (PEth). The College on Problems of Drug Dependence (CPDD), 65<sup>th</sup> Annual scientific meeting, June 14-19, 2003, Bal Harbour, Florida ([http://www.cpdd.vcu.edu/images/2003\\_abstracts.pdf](http://www.cpdd.vcu.edu/images/2003_abstracts.pdf), accessed, December 23, 2003)
- Wurst F M, Schäfer P, Thierauf A, Weinmann W, Dierkes J, Miller M, Skipper G (2003) Detection of surreptitious alcohol use among health professionals recovering from substance related disorders using a new marker, ethyl glucuronide *Alcohol* 38: 515
- Wurst FM, Wiesbeck G, Forster S, Bechtel G, Wolfersdorf M, Huber P, Alexson S, Gilg, T, Jachau K, Varga A, Alling C, Skipper G, Pragst F, Auwärter A, Weinmann W (2003) Further significance for the diagnostic and therapeutic usefulness of the non-oxidative direct ethanol metabolites ethyl glucuronide (EtG), fatty acid ethyl esters (FAEE) and phosphatidylethanol (PEth) in comparison to traditional markers. *Pharmacopsychiatry* 36: 275

### **Other Publications**

- Wurst F M, Schäfer P, Thierauf A, Weinmann W, Dierkes J, Miller M, Skipper G (2003) Detection of surreptitious alcohol use among health professionals recovering from substance related disorders using a new marker, ethyl glucuronide. *European Society for the Biomedical Research on Alcoholism (ESBRA)*, Prague, September 2003
- Wurst FM, Skipper GE, Weinmann W, Ethyl Glucuronide – the direct ethanol metabolite on the threshold from science to routine use, 2003 Society for the Study of Addiction to Alcohol and Other Drugs, pg. 1-11, Oct 2003
- Wurst FM, Skipper GE. Ethyl Glucuronide Discloses Recent Covert Alcohol Use Not Detected by Standard Testing in Forensic Psychiatric Inpatients. *Alcoholism: Clinical and Experimental Research*. 27(3):471-476, March 2003.

### **Most Significant Publications Prior to 2003**

- Skipper GE. *Distinguishing Addiction from Other Disorders is Easy. Alabama Board of Medical Examiners Newsletter*, Vol 17(4): 1, 2002
- Skipper G.E., Vogel R., Jachau K., Varga A., Alling Ch., Weinmann W., Dierkes J., Alt A., Wurst F. M. *Ethyl Glucuronide: A Useful New Marker of Recent Alcohol Consumption. AMA/CMA Congress on Physician Health, Canada, October 2002*
- Skipper GE. *Help for Families with Malpractice Stress. Alliance of the Medical Association of the State of Alabama News*. Page 1 & 9, Fall 2002
- Wurst F. M. on behalf of the WHO/ISBRA *Study on State and Trait Markers of Alcohol Use and Dependence* Investigators, J. Metzger D. Ladewig, F.Müller-Spahn, K. Jachau , A. Varga, C. Alling, G. E. Skipper, A. Alt, L. Pridzun, T. Gilg, S. Alexson, J. Dierkes, G. Bechtel, S. Forster , M. Wolfersdorf *Ethyl glucuronide: The promising marker of recent alcohol consumption on the step from science to routine use. Invited lecture, 18th International Congress of Clinical Chemistry and Laboratory Medicine (chair: Per Simonsson, Schweden), Kyoto, October 2002*
- Schaefer P., Thierauf A., Mueller C. A., Vogt S., Weinmann W., Skipper G.E., Miller M., Wurst F.M. (2002) *The sensitive Determination of Ethylglucuronide as a Marker for Alcohol Consumption by LC/Negative Ionspray-MS/MS*, Congress of the American Society for Mass Spectrometry (ASMS)
- Thierauf A., Schaefer P., Mueller C. A., Vogt S., Weinmann W., Skipper G.E., Miller M., Wurst F.M. (2002) *Ethylglucuronidbestimmung im Urin mittels LC/MS-MS für das Workplace Drug Testing 81. Jahrestagung der Deutschen Gesellschaft für Rechtsmedizin, Rostock-Warnemünde*
- Skipper GE. *Physicians Have Duty to Report Impaired Colleagues. Alabama MD*. Vol 38(5): 2, 2002
- Skipper GE. *Moving Toward Personal Wellbeing. Alabama Board of Medical Examiners Newsletter*, Vol 17(2): 1, 2002
- Skipper GE. *What is the Veterinary Wellness Program in Alabama? Alabama State Board of Veterinary Medical Examiners*. Issue I, pg 3, 2002
- Skipper GE. *Professional Health Program Resource Network – A New Database for Finding and Evaluating Treatment Resources. Physician Health News*. Vol 5(4), 2002
- Skipper GE. *A Duty to Report. Alabama Board of Medical Examiners Newsletter*, Vol 17(1): 1&4, 2002
- Kirkland K, Skipper GE. *Anger Management for Alabama Physicians. Journal of Medical Licensure and Discipline*. Vol 88(1): 19-24, 2002
- Skipper GE. *Obtaining Good Care for Physicians and Their Families. Alliance of the Medical Association of the State of Alabama News*. Page 4, Spring 2002
- Wurst F. M. on behalf of the WHO/ISBRA *Study on State and Trait Markers of Alcohol Use and Dependence* Investigators, Metzger J., Ladewig D., Müller-Spahn F., Jachau K. , Varga A., Alling C., Skipper G.E., Alt A., Pridzun L., Gilg T., Alexson S., Dierkes J., Bechtel G., Forster S., Wolfersdorf M. (2002) *Ethyl glucuronide: The promising marker of recent alcohol consumption on the step from science to routine use. (im Druck)*
- *Ultram Abuse and Dependence: An Addiction Medicine Perspective*, Paper Presentation at the International Society of Addiction Medicine, Trieste, Italy, September 12, 2001
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### Lectures, Lecture Series, Workshops, and Presentations

- **Monitoring Physicians in Recovery**. Webinar 12/13/23.
- **Drug Testing Seminar for Wellbeing Committees**. Webinar 9/22/22.
- **Evaluation of Physicians**. CSAM Annual Meeting 8/24/22.
- **Medical Boards and Physician Health – Not Mutually Exclusive**. National Webinar 6/3/2021
- **Kratom Use Among Physicians**. National Webinar 3/25/2021
- **Interpreting Phosphatidyl Ethanol Results**. National Webinar 12/4/2020
- **Failing Up – the fallacy of starting with lowest level treatment**. National Webinar 10/22/2020
- **A Crisis of Physician Health in California – The Demise of the California PHP**. National Webinar 4/16/2020
- **Drug Testing Airline Pilots in Recovery from Substance Use Disorders**. Federal Aviation Administration, HIMS program, annual meeting, Denver CO, 9/24/19

- **DUI – Doctors Under the Influence – A review of how state programs handle doctors who have been arrested or convicted of DUIs.** Riverside Conference. 5/22/19
- **How to Evaluate Physicians – a 3 hour training for the AZ Medical Board.** Phoenix AZ 11/28/2018
- **Drug Testing Pilots in Recovery.** Federal Aviation Administration, Human Intervention and Motivation Study (HIMS), annual meeting, Denver CO. 9/25/18
- **A Formula that Works – treatment and monitoring attorneys with substance use disorders.** American Bar Association Annual Meeting, Committee of Law Assistance Programs. Charleston SC. 9/26/18
- **Trauma and Addiction.** For the Alaska Medical Association, Anchorage Alaska 8/18/16
- **What is Addiction,** Headache Update. Orlando FL 7/13/16
- **Neurobiology of Addiction.** Riverside Conference, 5/25/16
- **Maintenance vs Abstinence Therapy for Opioid Use Disorder. Western Doctors in Recovery** 2/19/16, Redondo Beach CA
- **Evaluation Workshops,** California Patient Protection and Physician Health, Inc. (CPPPH), a series conducted 6 times in Oakland CA and Los Angeles CA
- **Physician Health Programs in the United States,** Certification for Medical Board Investigators Course, Portland, OR, 8/13/15
- **Malpractice and Medical and Dental Errors Involving Addicted Physicians and Dentists: Is there a relationship to impairment?** First Annual meeting of the Western States Regional Healthcare Professionals Program, Redondo Beach, CA, 3/14/15
- **A New Paradigm for Treatment of Addictions,** Mississippi Annual Conference on Addictions, Jackson MS, 3/4/15
- **Drug Test Conundrums.** American Academy of Addiction Psychiatry Annual Meeting. Turnberry Island, Aventura, FL. 12/5/14
- **Evaluating Health Professionals for Substance Related Disorders.** California Patient Protection and Physician Health. Los Angeles CA. 10/18/14 and Berkeley CA. 11/1/14
- **Recovery for Health Professionals.** Texas Professional Recovery Network. Austin, TX. 10/25/14
- **Overview of Drug Testing for Effective Monitoring of Attorneys.** National Meeting of the Committee on Lawyers Assistance Programs. Nashville, TN. 10/9/14
- **Physician Health Programs in the United States.** Certification of Medical Board Investigators Training. Baltimore, MD. 10/2/14
- **Drug Testing Conundrums.** California Society of Addiction Medicine. Anaheim, CA. 9/3/14
- **Medication Assisted Addiction Treatment.** International Doctors in AA Annual Meeting. Palm Springs, CA. 8/1/14
- **A New Paradigm for Treatment of Addictions.** The David Smith Symposium. San Francisco, CA. 6/27/14
- **Using New Alcohol Markers and Devices to Monitor Pilots.** Airline Medical Directors Association. San Diego, CA. 5/10/14
- **The Pros and Cons of Having a Physician Health Program.** Oregon Board of Medical Examiners. Portland OR. 2/18/14

- **Urine-Luck. All About Drug Testing for Psychiatrists.** American Academy of Addiction Psychiatry Annual Meeting. Scottsdale, AZ 12/5/13
- **The Ideal Physician Health Program.** California Healthcare Lawyers Group. San Diego, CA 10/5/13
- **The Neurobiology of Pleasure.** Montana Professionals Assistance Program Annual Retreat, Gallatin Gateway, MT, 9/28/13
- **Disruptive Behavior among Physicians. Diagnosis, Causes, Treatment, Monitoring.** Oklahoma Medical Board, Oklahoma City, OK 7/10/13
- **Monitoring and Supporting Health Professionals in Recovery,** Iowa Medical Board and State Attorney General's Office, DE Moines IA, 6/26/2013
- **Effective Monitoring: Alcohol Markers and More.** 2013 Annual Federation of State Physician Health Programs Meeting, Cambridge MA 4/20/13
- **The Addicted Brain: There's Someone in There and It's Not Me.** Texas Annual Physician Health and Rehabilitation Meeting. Texas Medical Association. Austin, TX 2/22/13
- **The Alcoholic/Addicted Attorney: Intervention, Evaluation, Treatment, Monitoring.** Los Angeles County Bar Association. Los Angeles. 1/29/13
- **Recognizing and Addressing Signs of Addiction in the Legal Profession.** Century City Bar Association. Los Angeles, CA 1/16/13
- **Dealing with the Addiction Professional.** UCLA Torrance Memorial Hospital. Torrance, CA 1/15/13
- **Medical Ethics and Professionalism: An Ethics Protection Course.** (2 day workshop for Medical Board of California). Irvine, CA. January 11-12, 2013.
- **Update on Drug Testing in the United States.** Oregon Society of Addiction Medicine. Portland, OR 11/13/12
- **Medical Ethics and Professionalism: An Ethics Protection Course.** (2 day workshop for Medical Board of California). Sacramento, CA. October 19-20, 2012.
- **Process Addictions: All about the Brain.** Elements Conference on Addictions. King of Prussia, PA. Oct 5, 2012
- **Urine-Luck: All About Drug Testing,** Cape Code Substance Abuse Conference, Hyannis, MA, Sept 2012
- **Clinical Aspects of Drug Testing,** California Society of Addiction Medicine, Sept 2012, San Francisco, CA
- **Leveraging Long-term Recovery,** American Society of Addiction Medicine, April 2012, Atlanta, GA
- **Crisis of Physician Health in California,** Long Beach Symposium, April 2012, Long Beach, CA
- **Alcohol Testing: Leveraging and Exploding Technology.** 2 hour workshop. American Society of Addiction Medicine. Washington DC. April 16, 2011.
- **Medical Ethics and Professionalism: An Ethics Protection Course.** (2 day workshop for Medical Board of California). Sacramento, CA. April 8-9, 2011.
- **Veterinary Health and Wellness.** University of Calgary School of Veterinary Medicine and Faculty and Community Physicians, Calgary, Alberta, BC, Canada. March 17 & 18, 2011.

- **Appropriate Prescribing of Controlled Substances.** 14 hr CME Conference conducted by the Alabama Board of Medical Examiners. March 12-13, 2011. Montgomery, AL
- **Disciplinary Actions against Physician Assistants and How to Prevent Them.** Alabama Society of Physicians Assistants. Birmingham, AL. Feb 18, 2011
- **Medical Ethics and Professionalism: An Ethics Protection Course.** (Two day workshop for the Medical Board of California). Irvine, CA. Sacramento, CA. January 19-20, 2011.
- **Disciplinary Actions against Doctors: How to Avoid Trouble.** Alabama Academy of Family Practice. Birmingham, AL. Dec 11, 2010.
- **Treatment of Addictions: Is it necessary? (Workshop) & All About Drug Testing (Plenary Session).** Tennessee Association of Drug Court Professionals. Murfreesboro TN. Dec 8, 2010.
- **Disciplinary Actions against Doctors: How to Avoid Trouble.** University of Alabama School of Medicine. Huntsville Campus. Grand Rounds. November 30, 2010.
- **Medical Ethics and Professionalism: An Ethics Protection Course.** (Two day workshop) Atlanta, GA. November 19, 2010.
- **Fundamentals of Doctoring.** University of South Alabama School of Medicine. Mobile, AL. Nov 8, 2010.
- **Medical Ethics and Professionalism: An Ethics Protection Course.** (Two day workshop for the Medical Board of California). Irvine, CA. Sacramento, CA. October 15-16, 2010.
- **Drug Testing and Use of New Alcohol Markers.** Committees of Lawyer Assistance Program – National Meeting. Indianapolis, IN. October 7, 2010.
- **Everything you need to know about drug testing to run a hospital medical staff.** National Association of Medical Staff Services. Orlando, FL. 10/6/10
- **Drug Testing in Pain Clinics.** South Pain Society Annual Meeting. New Orleans, LA. 10/3/10.
- **Veterinary Wellbeing.** American College of Veterinary Anesthesiologists and International Veterinary Emergency and Critical Care Symposium. San Antonio, TX. Sept 13, 2010.
- **What Board Investigators Need to Know about PHPs and Urine-Luck: All About Drug Testing.** Administrators in Medicine Regulatory Board Investigator Training. Nashville, TN. July 29, 2010
- **Medical Ethics and Professionalism: An Ethics Protection Course.** Professional Boundaries, Inc. Moderator and primary lecturer for a two day 14 hr course. Irvine, CA. July 16-17, 2010.
- **Sex, Drugs, Power and Medical Practice. New Resident Orientation.** Baptist Health Systems - June 16, 2010, UAB School of Medicine June 23, 2010. Birmingham, AL..
- **Teamwork in Hospitals – Reducing risk.** Integro, Inc, Boston, MA. June 7, 2010
- **Alcohol Monitoring.** (3 lectures over 3 days) National Association of Drug Court Professionals. Boston, MA. June 2-4, 2010.
- **Why You Should Fly Your Hospital – Learning about teamwork and safety from the FAA.** Meriter Hospital. Madison, Wisconsin. (for Executive Committee Thursday evening, Grand Rounds Friday AM) June 5-6, 2010
- **Dealing with Disruptive Behavior in the Hospital.** Annual Meeting of the Alabama Psychiatric Association. Montgomery, AL. April 24, 2010.

- **Toxicology Update.** (Moderator and Speaker) Federation of State Physician Health Programs Annual Meeting. Chicago, IL April 21, 2010.
- **Dealing with Disruptive Behavior.** (2 hr program on consecutive days) Palm Beach Gardens Hospital. Palm Beach, FL. April 8-9, 2010.
- **The High-Risk Physician.** Radiology Residents. Univ of South Alabama School of Medicine. Mobile, AL. April 8, 2010.
- **The Medical Marriage: Men are from Mars, Women are from Venus, Doctors are from Krypton.** Willowbrook Country Club. Alexander City AL. March 30, 2010
- **20 Years of Physician Health in Alabama.** Moderator and Speaker – 5 Hour Workshop. Annual Meeting of the Alabama School of Medicine Alumni Association. Birmingham, AL. February 20, 2010.
- **Physician Health Programs: How to work with them.** Alabama Association of Medical Staff Services. Cullman, AL. February 5, 2010
- **Urine-Luck: All about drug testing.** International Conference on Addictions. Jackson, MS. January 15, 2010
- **Function and Benefits of a Modern Physician Health Program.** Before the Composite Board of Medical Examiners. Atlanta, GA January 7, 2010
- **New Alcohol Markers: Use and Interpretation.** A National Webinar sponsored by Forensic Laboratories, Denver, CO. December 10, 2009
- **Appropriate Prescribing Workshop.** Moderator and Lecturer for Board of Medical Examiner's Course. Birmingham, AL 11/20/2009
- **Fundamentals of Doctoring.** University of South Alabama School of Medicine, Sophomore Class, Mobile, AL. 11/9/2009
- **The High Risk Physician.** University of South Alabama, Department of OBGYN, for ProAssurance Insurance Co, Inc., Mobile, AL 10/30/2009
- **Physician Health Programs – How and Why.** Roger's Memorial Hospital. Delafield, Wisconsin 9/18/09
- **Update on Drug Testing.** Texas Board of Nursing. Phone Conference. 8/13/09
- **Physician Health Programs in the USA. Lessons Learned from Project Blueprint.** Georgia Society of Addiction Medicine and Georgia Psychiatric Association. Amelia Island, FL 8/7/09
- **Appropriate Prescribing Course.** Sponsored by Alabama Board of Medical Examiners. Moderator and Lecturer 8/1/09
- **Lessons Learned from Physician Health Programs in the USA.** Chamber of Physicians Meeting, Basel, Switzerland 5/8/09
- **Results of the First National Study of Physician Health Programs and their Outcomes,** American Society of Addiction Medicine Annual Scientific Meeting, New Orleans, LA 4/29/09
- **“Urine-Luck:” All About Drug Testing,** National Organization of Alternative Programs, Austin, TX 4/1/09
- **An Epidemic of Disruptive Behavior among Physicians: Legal and Clinical Perspectives,** Alabama Psychiatric Society, Destin, FL 3/28/09
- **Physician Health Programs in the United States.** Mississippi Addictions Conference, Jackson, MS, 2/21/09

- **Physician Health Programs.** Louisiana Board of Medical Examiners. New Orleans, LA, 2/16/09
- **Five year outcomes in a cohort study of physicians treated for substance use disorders in the United States.** First combined meeting of the BMA-AMA-CMA on Physician Health. London, England, Nov 18, 2008.
- **Health Risks for Physicians: Protect Yourself and Your Colleagues.** 1<sup>st</sup> Year “Doctoring Course” University of South Alabama School of Medicine, Mobile, AL, Nov 10, 2008
- **Urine Luck: All about Drug Testing.** Internal Medicine Grand Rounds, University of California San Diego, San Diego, CA, October 28, 2008
- **Sex, Drug, Power and the Practice of Medicine.** Psychiatric Grand Rounds, University of California San Diego, San Diego, CA, October 27, 2008
- **Professional Boundaries, Boards, and PHPs.** Professional Boundaries Seminar, San Francisco, CA, October 19, 2008
- **Health Risks for Veterinarians: Protect Yourself and Your Colleagues.** New Vet Student Orientation. Auburn University, Auburn, AL, August 15, 2008
- **What Board Investigators Need to Know (3 Hour Workshop).** 2<sup>nd</sup> Annual Board Investigator Certification Course Sponsored Administrators in Medicine. Las Vegas, Nevada, July 9, 2008
- **Starting a Physician Health Program - A Workshop.** Committee for Physician Health, Austrian Medical Society, Salzburg, Austria, May 20, 2008 (4 hour workshop)
- **Physician Health Programs in the USA –** Austrian Medical Society General Membership - Salzburg, Austria, May 20, 2008 (1 hour lecture)
- **Finding Balance - Women in Medicine, A Workshop.** Madison County Medical Society, Huntsville, AL, May 2-3, 2008
- **Update on EtG and Testing for Recent Alcohol Use,** Federation of State Physician Health Programs Annual Meeting, San Antonio, TX, 4/29/2008
- **Physician Health Programs in the United States.** National Center on Addiction and Substance Abuse at Columbia University. New York, NY, 4/14/2008
- **Urine Luck – All About Drug Testing.** Children’s Hospital Grand Rounds, University of Alabama School of Medicine. Birmingham, AL 3/10/2008
- **All about Drug Testing.** Alabama Board of Nursing. Montgomery, AL, 3/20/2008
- **An Epidemic of Disruptive Behavior among Physicians.** Alabama Medical Group Management Association, Birmingham, AL, 3/7/2008
- **Signs and Symptoms of Burnout in Physicians.** DW McMillan Hospital. Brewton, AL, 1/29/2008
- **Prescribing Controlled Substances.** Decatur General Hospital, Decatur, AL 1/15/2008
- **Outpatient vs Inpatient Treatment – It’s Not That Simple and Ethylglucuronide Testing – Benefits and Limitations.** Texas Medical Association Physician Health Annual Meeting, S Padre Island, Jan 12, 2008
- **Sex, Drugs, Power and the Practice of Medicine.** County Medical Society, Dadeville, AL, December 4, 2007
- **Disruptive Behavior among Physicians.** Brookwood Hospital Leadership Meeting. Birmingham, AL, November 29, 2007

- **The Chemically Dependent Physician.** Gadsden Regional Medical Center, Gadsden, AL November 13, 2007
- **Drug Testing.** DW McMillan Hospital, Brewton, AL, November 6, 2007
- **Benefits of Having a Professional Health/Wellbeing Program.** Alabama Society of Regulatory Boards, Florence, AL November 7, 2007
- **Sex, Drugs, Power and the Practice of Medicine.** University of South Alabama, Sophomore Medical Students, November 5, 2007
- **Assisting Troubled Doctors,** Dekalb Regional Hospital, Fort Payne, AL, November 6, 2007
- **Lessons from Physician Health Programs in the United States,** International Society of Addiction Medicine, Cairo, Egypt, October 24, 2007
- **Trauma from Medical Training,** Finding Balance Conference, SanDestin Resort, Destin, FL, October 6, 2007.
- **Disruptive Behavior – Clinical Perspectives,** National Association of Medical Staff Services, NY, NY, October 1, 2007
- **Prescribing Controlled Substances,** East Alabama Medical Center, Anniston, AL, September 20, 2007
- **Veterinary Wellness Programs.** Tuskegee Veterinary School, September 19, 2007
- **Disruptive Behavior among Physicians,** Cumberland Law School, Health - Law Conference, September 14, 2007
- **Impairment Issues for Veterinarians,** Auburn University, Auburn, AL, August 10, 2007
- **Physician Health Programs in the United States – Results of a National Study,** Presented before the Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment, National Advisory Council, Washington, DC, June 28, 2007
- **Sex, Drugs, Power and the Practice of Medicine, New Resident Orientation,** Carraway Medical Center, Birmingham, AL, June 21, 2007
- **An Epidemic of Disruptive Behavior among Physicians: Clinical, Legal, and Disciplinary Perspectives,** Shelby Baptist Annual Medical Staff Meeting, Alabaster, AL, June 11, 2007
- **All About Drug Testing,** Administrators in Medicine, First Training for Medical Board Investigator Certification, Orlando, Florida, June 7, 2007
- **Sex, Drugs, Power and the Practice of Medicine,** Baldwin County Medical Society, East Mobile Bay, June 5, 2007
- **Use of Alcohol Markers and Contingency Monitoring Improves Outcomes Post Treatment for Alcoholism,** University of Basel, Psychiatric Hospital, Basel, Switzerland, May 18, 2007
- **Physicians Health Programs in the United States – Phase I Results of a National Study,** Federation of State Physician Health Programs, San Francisco, CA, May 1, 2007
- **Physicians Health Programs in the United States – Phase I Results of a National Study,** American Society of Addiction Medicine, Miami, Florida, April 28, 2007
- **Proper Use of Alcohol Markers in Monitoring Abstinence,** Forensic Laboratory, Denver, CO, April 16, 2007
- **Dealing with the Troubled Physician,** Cullman Regional Medical Center, Cullman, Alabama, March 19, 2007

- **An Epidemic of Disruptive Behavior among Physicians – A Six Week Web Conference: Clinical, Legal, and Disciplinary Perspectives**, Course Director, Federation of State Medical Boards, 6 weekly 1.5hr sessions, January 11 – Feb 15, 2007

### Highlights of Previous Lectures, Lecture Series, and Workshops

- **Professional Boundaries: Causes, Treatment, Prevention**, Course Director, AMA-CMA International Conference on Physician Health, Ottawa, Canada, Dec 2, 2006
- **Sexual Boundary Violations Among Physicians**, Professional Boundaries, Inc, Atlanta Workshop, Medical Director, Atlanta, GA, May 14, 2006
- **Ethylglucuronide and other new Alcohol Markers**, 2 hour workshop, Course Director, American Society of Addiction Medicine, San Diego, CA, May 6, 2006
- **Physician Health Programs: National Study**, 3 hour workshop, American Society of Addiction Medicine, Annual Medical Scientific Meeting, San Diego, CA, May 5, 2006
- **Men are from Mars, Women are from Venus, Doctors are from Krypton**, Flowers Hospital Medical Staff, Dothan, AL, February 13, 2006
- **Sexual Boundary Violations, Professional, and Disciplinary Actions**, Professional Boundaries, Inc, Atlanta, GA February 5, 2006
- **Urine Luck – All About Drug Testing**, CAPTASA, National Conference on Addiction, Lexington, KY, January 28, 2006
- **Moderator: Professional Sexual Misconduct, A Web Seminar, Sponsored by the Federation of State Medical Boards**, 6 weekly sessions 1.5 hr/wk seminar beginning January 5, 2006, Web based.
- **The Chemically Dependent Physician**, Annual Meeting of the Southern Medical Association, San Antonio, TX 11/12/05
- **The Medical Marriage**, Australian Medical Society Victoria, International Physician Health Conference, Melbourne, Australia, Keynote Speakers, 11/5/2005
- **Sex, Drugs, Power and the Practice of Medicine**, Australian Medical Society Victoria, International Physician Health Conference, Melbourne, Australia, Keynote Speaker, 11/4/2005
- **Finding Balance – Life Issues for the Practicing Physician**, Destin, FL 10/14-16/2005 (moderator)
- **Marriage – Tacit Contracts, Enmeshment, etc.**, William Farley Center, Williamsburg, Virginia, October 1, 2005 (1.5 hour program with Ann Skipper, MD)
- **Methamphetamine Abuse**, Channel 8 WAKA News, (30 min program), 8/15/2005
- **“Urine-Luck”, All About Urine Drug Testing**, International Doctors in AA, Palm Springs, CA 8/5/05
- **Sexual Boundary Violations: A National Course for Regulatory Board Members**, Atlanta, GA, 7/22/05 (Course Director)
- **JCAHO Requirements for Physician Health**, UAB West Medical Center, 7/12/05
- **Prescribing Controlled Substances – The Interface Between Pain Management and Addiction Treatment**, Case Management Conference, HealthSouth Lakeshore, 6/18/05
- **Physician Health and Wellbeing**, Princeton New Resident Orientation, 6/15/05

- **Dealing with Addictions in Patients and Colleagues**, University of South Alabama School of Medicine, Freshman Medical Students, “Doctoring Course,” 2/15/05
- **Sex, Drugs, Power and the Practice of Medicine**, Tennessee Society of Anesthesiology, Nashville, TN, 2/7/05
- **Ethical, Legal, Historical, and Clinical Issues Related to Prescribing Controlled Substances**, Grand Rounds, University of Alabama Birmingham, Department of Physical Medicine and Rehabilitation, Birmingham, AL 12/10/2004
- **Sex, Drugs, Power and the Practice of Medicine**, Bryan Lincoln General Hospital Annual Medical Staff Meeting, Lincoln, Nebraska, 11/30/2004
- **Clinical Use of Ethylglucuronide Testing**, Workshop on Forensic Toxicology, Salt Lake City, UT, 8/25/2004
- **Report to Congress on Co-Occurring Disorders**, Psychiatric Institute of Alabama, Grand Hotel, Point Clear, AL, 8/20/2004
- **Emotional Intelligence and Why You Need It**, VA Hospital Grand Rounds, Tuscaloosa, AL, 8/10/2004
- **Sex, Drugs, Power and the Practice of Medicine**, Tri-State Anesthesiology Meeting, Perdido Beach Resort, Orange Beach, AL, 7/31/2004
- **The Medical Marriage**, Mississippi Physician Health Program Annual Retreat, (with Dr. Ann Skipper), Lake TiahKata, 7/10/2004
- **The Utility of Using Ethyl Glucuronide in Monitoring Recovering Health Professionals**, Research Society on Alcoholism (RSOA) Annual Meeting, (Part of a International workshop on New Markers), Vancouver, BC, Canada, 6/29/2004
- **Marriage Workshop for Health Professionals – Finding Balance**, Veterinary Medical Association, (3 hour workshop w/, Dr. Ann Skipper), Annual Meeting, Point Clear, AL, 6/25/2004
- **Physicians and Drug Diversion**, National Association of Drug Diversion Investigators, Birmingham, AL, 6/17/2004
- **Ethylglucuronide: A New Biomarker for Recent Alcohol Use and Its Use in Physician Health Programs**, International Society of Addiction Medicine, Helsinki, Finland, 6/3/2004
- **Ethylglucuronide: A New Marker for Alcohol Use**, Federation of State Physicians Health Programs, Washington DC, 4/27/2004
- **Workshop: Professional Boundaries: Addressing Sexual Boundary Violations: Underlying Causes, Prevention, and Treatment**, Atlanta, GA, 3/27-28/2004
- **Update on Ethylglucuronide Testing**, National Advisory Council, Center for Substance Abuse Treatment, Washington DC, 3/11/2004
- **Whitehouse Press Conference with Andrea Barthwell, Deputy Director of the Office of National Drug Control Policy**, International Conference on Addictions, Birmingham, AL, 3/5/2004
- **The Neurobiology of Addiction**, Underwriters Conference, ProAssurance Malpractice Insurance Company, Birmingham, AL, 11/17/2003
- **Further significance for the diagnostic and therapeutic usefulness of the non-oxidative direct ethanol metabolites ethyl glucuronide (EtG), fatty acid ethyl esters (FAEE) and Phosphatidyl ethanol (Peth) in comparison to traditional markers. 23. Symposium der**

**AGNP**, Wurst FM, Wiesbeck G, Forster S, Bechtel G, Wolfersdorf M, Huber P, Alexson S, Gilg, T, Jachau K, Varga A, Alling C, **Skipper G**, Pragst F, Auwärter A, Weinmann W (2003), 9. Oktober 2003, München, Germany

- **Sex, Drugs, Power and the Practice of Medicine**, National Association of Medical Staff Services Annual Meeting, San Antonio, TX, 10/2/2003
- **Men Are from Mars, Women are from Venus, Doctors are from Krypton**, Annual Meeting of the Alabama Academy of Pediatrics, SanDestin, FL, 9/26/2003
- **Emotional Intelligence – Why It Matters**, Plenary Session, American Dental Association Annual Meeting, Chicago, IL, 9/6/2003
- American Dental Association Annual Meeting, “**Multidisciplinary Assessment and the Evaluation of Impaired Dentists**”, Chicago, IL, 9/4/2003
- Presentation, “**Report to Congress on Co-Occurring Disorders**,” Addictions Conference at Palmetto, Rayville, LA, 8/2/2003
- Presentation, “**The Evolution of Veterinary Wellness Programs and Dealing with Burnout and Communication Problems**,” Annual Meeting of the American Association of Veterinary State Boards, Denver, CO, 7/20/2003
- Presentation, “**Emotional Intelligence and Communication Skills**,” Health for the Healer Workshop, University of Alabama Birmingham, 5/14/2003
- Presentation, “**A Wellbeing Program for Physician Assistants**,” Alabama Association of Physician Assistants, Birmingham, AL, 2/28/2003
- Presentation, “**Stress and Burnout in Medicine and the Need for Wellness Programs**,” University of Alabama Birmingham in Huntsville, Faculty Meeting, 1/21/2003